

2010



Keli McLaughlin

AMANDA MARTIN

JENNA ALES

MANDY HEIMANN

IOWA SOCCER

MEDIA GUIDE



UNIVERSITY OF IOWA UNIVERSITY OF IOWA UNIVERSITY OF IOWA UNIVERSITY OF IOWA





IOWA WOMEN'S SOCCER

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General Information

Location:	Iowa City, IA
Founded:	1847
Enrollment:	30,328
Nickname:	Hawkeyes
Conference:	Big Ten
School Colors:	Black and Gold
President:	Sally Mason
Director of Athletics:	Gary Barta
Home Field/Capacity:	Iowa Soccer Complex/3,000
Soccer Administrator:	Jane Meyer

Coaching Information

Head Coach:	Ron Rainey
Alma Mater/Year:	Wilkes University/1992
Overall Record/Years:	122-106-28 (13)
Record at Iowa/Years:	32-41-7 (4)
2009 Record	9-11-0
2009 Conference Record	1-8-0 (11th)
E-Mail Address:	ron-rainey@uiowa.edu
Assistant Coach:	Shane Meridith
Alma Mater/Year:	Earlham/1989
Years at Iowa:	Second Season
E-Mail Address:	shane-meridith@uiowa.edu
Assistant Coach:	Jaimel Johnson
Alma Mater/Year:	Tennessee/2009
Years at Iowa:	First Season
E-Mail Address:	jaimel-johnson@uiowa.edu
Volunteer Assistant Coach	Ivan Sanchez

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University of Iowa Athletic Department Mission Statement

The mission of the Department of Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student athletes to graduate from The University of Iowa while participating in broad based championship caliber athletic competition. The overall well-being of the participant and integrity of the program will be paramount in all that we do.

Credits

The 2010 Iowa Hawkeye Women's Soccer Media Guide is a publication of the University of Iowa. The guide was written, designed and edited by Sports Information soccer contact Stephanie Dittmer and Aaron Blau. Photographs provided by the University Relations Photo Unit and the UI Visual Center's Photographic Services. Cover artwork designed by Mindy Heidkerger. Printing done by University of Iowa Printing Services in Iowa City, IA.

Player Interviews

All player interviews are coordinated through the University of Iowa Sports Information Office. Contact Stephanie Dittmer at 319-335-9411 to set up interview times that will not interfere with the student-athlete's academic or practice schedules. The Hawkeyes practice Tuesday-Thursday from 3-5 p.m.



IOWA WOMEN'S SOCCER

<u>No.</u>	<u>Name</u>	<u>Pos.</u>	<u>Yr.</u>	<u>Hometown (Last School)</u>
00	Emily Moran	GK	Jr.	Kent, OH (Theodore Roosevelt)
1	Kali Feiereisel	GK	Sr.	Libertyville, IL (Libertyville)
2	Jade Grimm	F/M	So.	Cedar Rapids, IA (Kennedy)
3	Gabrielle Tinner	D	Jr.	Quantico, VA (Quantico)
4	Allie Adam	M/F	So.	Omaha, NE (Millard West)
5	Alyssa Cosnek	F	Jr.	Aliquippa, PA (Hopewell Area)
7	Morgan Showalter	M/F	Jr.	Cedar Rapids, IA (Xavier)
8	Ashely Catrell	F	Fr.	Overland Park, KS (Blue Valley West)
9	Alex Strang	D/F	Fr.	Iowa City, IA (West)
10	Amanda Martin	F	Sr.	Lewis Center, OH (Olentangy)
11	Leah DeMoss	M/F	Fr.	St. Charles, IL (St. Charles North)
12	Sarah Langlas	M	Jr.	Wheaton, IL (Wheaton Warrenville South)
13	Rachel Blakesley	D	Jr.	Peoria, IL (Notre Dame)
14	Stefani Campbell	F/D	So.	Arlington, TX (Summit)
15	Gabrielle Ainsworth	D	So.	Coralville, IA (Shattuck's St-Mary's Academy)
16	Keli McLaughlin	F	Sr.	Alsip, IL (Shepard)
17	Katie Nasenbenny	M	Fr.	LaGrange, IL (Lyons Township)
19	Alex Melin	D	Fr.	Verona, WI (Verona)
21	Jenna Aleo	D	Sr.	Tinley Park, IL (Andrew)
22	Mandy Heimann	D	Sr.	Naperville, IL (Neuqua Valley)
23	Jess Yagla	F	Fr.	Iowa City, IA (City High)
24	Dana Dalrymple	D/M	So.	Cincinnati, OH (Anderson)
25	Katherine Lewis	D/M	So.	Cedar Rapids, IA (Kennedy)
27	Stephanie Swanson	GK	Sr.	Downers Grove, IL (Downers Grove North)

Head Coach: Ron Rainey (Wilkes University, 1992)

Assistant Coach: Shane Meridith (Earlham, 1989)

Assistant Coach: Jaimel Johnson (Tennessee, 2009)

Volunteer Assistant Coach: Ivan Sanchez

Athletic Trainer: Jennie Sertterh

Student Athletic Trainer: Nicole Trumpold

Hawkeyes By Class

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Pronunciation Guide

Jenna Aleo	AL-ay-OH
Alyssa Cosnek	COZ-neck
Dana Dalrymple	DOLL-rim-pul
Kali Feiereisel	FI-er-EYES-el
Mandy Heimann	HY-man
Jess Yagla	YEAH-gla
Alex Melin	Mel-EEN
Katie Nasenbenny	NAY-sin-ben-ee



IOWA WOMEN'S SOCCER

RECORD

The University of Iowa soccer team started the 2009 season with an 8-4 record, which tied the best start in school history, and finished 9-11. Iowa's seven wins at home tied the most the program had ever recorded. The Hawkeyes faced a tough schedule with eight opponents either being ranked or previously ranked when they faced Iowa.

INDIVIDUAL STANDOUTS

Iowa had a team full of talent. Three players pushed their way into the books, while a fourth player jumped spots on a record list. Goalkeeper Emily Moran recorded a career-high nine wins. Moran moved into three different Iowa records lists. Morgan Showalter broke into two more all-time record categories, (season individual game-winning goals, 3, and career assists, 14). Keli McLaughlin scored nine times for the Hawkeyes. The junior tied fellow teammate Alyssa Cosnek and former Iowa players Kate Walse and Beth Oldenburg for eighth on the season individual goals list. Cosnek, previously tied for fourth, moved into a four-way tie for second on the career game-winning goals list with seven.

BIG TEN LAURELS

The Black and Gold were honored four times with four different players honored in the Big Ten. Freshman Alyscha Mottershead earned the conference's Offensive and Freshman Player of the Week awards following Iowa's wins against Loyola-Chicago and Wisconsin-Milwaukee. McLaughlin was named co-Offensive Player of the Week the following week, marking the first time in Iowa history two players have earned the award in the same season. The Alsip, IL native recorded three of Iowa's five goals over Iowa State and Northern Iowa.



Emily Moran recorded a career-high nine wins during her sophomore campaign.

Freshman Jade Grimm was named to the Big Ten's all-Freshman team. Grimm played nearly every minute for Iowa as a part of a defense that recorded six shutouts in 10 games and held opponents scoreless for over 409-straight minutes.

Senior co-captain Heather Windsor was selected as Iowa's nominee for the Big Ten's sportsmanship award.

STATE SUPREMACY

The Hawkeyes have never lost to an in-state foe during Rainey's four year tenure. Iowa continued its streak last year, recording wins over Iowa State (2-0) and Northern Iowa (3-0) at home and defeated Drake on the road, 1-0. Iowa leads the all time series history against Drake (4-1) and Northern Iowa (6-0).

Keli McLaughlin was Iowa's leading scorer in 2009 with nine goals and one assist.



SENIOR CLASS STANDOUTS

The 2009 senior class had been a staple for Iowa's success in the previous four years. Iowa won 32 games in the last four years, compared to only 20 wins in the previous four years. Under their leadership, the program doubled the amount of wins against Big Ten opponents, and made two Big Ten tournament appearances.

"I really think the year is going to be remembered for how much better our team competed in the Big Ten. We tried to attack for a full 90 minutes," Rainey said. "Our seniors really showed great leadership in their four years here. I think they set a great example for the team to follow."



Head Coach Ron Rainey

IOWA WOMEN'S SOCCER



Ron Rainey

Head Coach

Fifth Season

Ron Rainey enters his fifth season as Head Coach of the Iowa Hawkeyes.

In 2009, Rainey guided the Hawkeyes to an 8-4 record to start the season, the best start in program history. In addition to a record-breaking

start, coach Rainey and the Hawkeyes posted seven wins at the Iowa Soccer Complex to tie the highest number of wins at home in a single season. Following the 9-11 season, Rainey has recorded 32 wins in his four years at Iowa, the most of any head coach in the program's 13 year history.

In 2008, Rainey coached the Hawkeyes to a record of 9-11-1, including a 7-5 record at home and a second-straight berth to the Big Ten Tournament. Rainey has continued his success with the rebuilding of Iowa Soccer as the nine wins were the most since 2002 and Iowa's seven home wins were a school record.

The rebuilding effort continued in 2007, Rainey's second season at the helm of the Hawkeyes. Rainey coached the Hawkeyes to a record of 8-8-4, the program's best record since 2001. Iowa also earned a trip to the Big Ten Conference tournament for the first time since 2001.

Rainey joined the Hawkeyes from Ball State University before the start of the 2006 season, where he served as the school's head coach since the program's inaugural season in 1999. Under his tutelage, the Cardinals posted a 70-52-17 record in seven seasons.

Ball State showed swift improvement under Rainey's guidance, and amassed a 62-25-14 record in his last five years. In 2001, he coached the third-year program to a 12-6-2 mark and was named Mid-American Conference Coach of the Year.



In 2005, Rainey guided Ball State to a 15-3-2 record and advanced to the Mid-American Conference Tournament for the fifth-consecutive year.

Before starting the program at Ball State, Rainey served as an assistant coach at the University of Iowa for the first two seasons of the Hawkeye program (1997-98). In Iowa's first year of varsity soccer, Rainey



The Rainey family (l-r): Wade (9), Ron, Sally (7), Mary (5), Margaret,

and the Hawkeyes were named the No. 1 first-year program by *Soccer Buzz* Magazine.

Prior to his stint with Iowa, Rainey was the head women's coach at Towson State University for one year, where his team was 10-7-2 and won the America East Tournament. He has also served as an assistant coach at the University of Cincinnati (1995-96), and head coach and sports information director at the University of Wisconsin-Parkside (1994-1995), where his first year team finished with a 10-6-2 record. Rainey was also the graduate assistant coach at Trenton State College (1992-94).

Outside the collegiate ranks, Rainey has served as a regional staff coach for the Region II Girls Olympic Development Program every summer since 1994. Currently, Rainey is the coach of Region II National team liaison. He received his United States Soccer Federation (USSF) "A" License in 1996. He has also written articles for leading soccer publications such as Soccer Coaching Magazine and presented at numerous coaching clinics around the Midwest. He has also served on the NCAA and NSCAA ranking committees.

Rainey graduated from Wilkes University in 1992 with degrees in Mathematics and English. He went on to get his Master of Education degree from Trenton State College in 1994.

As a player, Rainey was a two-time captain and team MVP for Wilkes University. In 1990, he was a second team National Soccer Coaches Association of America (NSCAA) all-region pick.

Rainey's wife Margaret earned her Masters degree in education at Iowa and played collegiate soccer at the University of Wisconsin. They have three children: Wade (9), Sally (7) and Mary (5).



IOWA WOMEN'S SOCCER



Shane Meridith

**Assistant Coach
Second Season**

Shane Meridith enters his second season as an assistant coach for the Hawkeyes.

He was hired in 2009 as the coach for the midfielders and forwards. He also coordinates recruiting and performs administrative duties.

Meridith spent the previous two seasons as an assistant at Miami of Ohio. He has prior experience with Rainey, as he was an assistant on Rainey's staff at Ball State from 2000-01. He also spent one year at Indiana University-Purdue University Indianapolis (IUPUI) during the 2003-04 season.

He was previously the head coach for the Carmel United Soccer Club (2002) and has worked as Director of Coaching at Cincinnati's (OH) Westside Soccer Club. In addition, Meridith was a longtime staff coach for the Indiana Youth Soccer Association (1994-2007) and serves as a Region II staff coach for the United States Youth Soccer Federation. He has a USSF National "A" License.

Meridith, a four-year letterwinner at Earlham (84-87), coached at his alma mater for six years leading the Quakers to a 53-56-5 record between 1994-2000. He was named North Coast Athletic Conference (NCAC) Coach of the Year in 1998 and served on the NSCAA Great Lakes Region and Coaches Ranking Committee.

He earned his bachelor's degree in education from Earlham (1989) and has completed coursework towards a master's degree in sports psychology from Ball State. Meridith and his wife, Darcey, have a daughter, Josie (8).



Ivan Sanchez

**Volunteer Coach
Second Season**

Ivan Sanchez enters his second season with the Iowa women's soccer team as a volunteer assistant coach.

Sanchez graduated from Southern Illinois University Carbondale in 2006 with a Bachelor's Degree in Finance and Management. He continued his education at SIUC, earning a Master's Degree in Sport Management in 2009. While at SIUC, Sanchez competed on the Saluki swim team. As an athlete, he was a Missouri Valley Conference Champion in both 2002 and 2004 in the 200 and 500 yard freestyle events. The four year letter winner was also an Olympic Trial Qualifier for Mexico in 2000, 2004 and 2008. Sanchez also competed on the SIUC men's club soccer team.

In addition to Ivan's established competitive career, he has also shared his knowledge of the sports through multiple coaching positions. He is currently an assistant coach for the Iowa City High boys swim team, a position he has held since 2009. Sanchez served in the same capacity for the Saluki Swim Club for ages 12-18 from 2008-2009 and the DuQuoin Indians Swimming Summer League in the summer of 2008. Between 2006 and 2009, he volunteered as an assistant coach for the Southern Illinois University Swim team.

Sanchez is engaged to Brianna Janssen, a PhD student at the University of Iowa in Second Language Acquisition.



Jaimel Johnson

**Assistant Coach
First Season**

Jaimel Johnson is in her first season as an assistant coach at the University of Iowa.

Johnson comes to Iowa with an extensive playing background. She was a four-year goalkeeper at the University of Tennessee from 2005-08 and collected numerous awards and honors during her time in Knoxville. Johnson was a NSCAA/adidas all-American and first team all-SEC pick in 2007. She was named to the Hermann Trophy (soccer's equivalent to the Heisman Trophy) Watch List in 2008 and was a nominee for the NCAA Woman of the Year Award in 2009.

Johnson, a two-time team captain at Tennessee, led the Volunteers to four-straight NCAA Tournament appearances. She also helped Tennessee claim two SEC titles in 2005 and 2008. Johnson was named MVP of the SEC Tournament in 2008.

While at Tennessee, Johnson earned numerous academic awards. She was a four-year member of the SEC Academic Honor Roll and was named to the SEC all-Academic team three times. In 2007, Johnson was an ESPN the Magazine Academic all-District IV selection.

Johnson has years of experience at the international level. She was in the U.S. National Team pool in 2003 (U-17), 2006 (U-19) and 2008 (U-23).

Johnson played professionally for the Chicago Red Stars in the WPS and was selected in the 2009 inaugural draft.



IOWA WOMEN'S SOCCER

The University of Iowa soccer team looks to continue its success from the last four seasons in 2010 under fifth year Head Coach **Ron Rainey**. The Hawkeyes started strong in 2009 with an 8-2 record in non-conference play hope to take that play through the end of the Big Ten season in 2010.

"I am very excited about this year," Rainey said. "I think we have another opportunity with returning players and some young ones to keep taking steps forward as far as how we want to play. We want the success in the non-conference and in the spring of 2010 to translate into Big Ten success in the fall of 2010. We didn't do as well as we wanted to in the Big Ten last year, and I think that is something we have talked about quite a bit. We were competitive, we were in close games, but we didn't get things done. We have to take the mentality we had in non-conference play where we were 8-2 against very good opponents that were ranked in the region and high in the RPI range nationally, and have that same attitude and confidence when we play in Big Ten games. There may be times in the Big Ten games where we have to manage games better and look to change things against opponents to keep them on their heels. Last year we didn't play with leads a lot, so this year scoring that first goal on the first opportunity is going to be very important for us. That sometimes changes the game as well playing with a one goal lead as opposed to playing behind one goal."

Captains for the 2010 season are **Mandy Heimann**, **Jenna Aleo** and **Kali Feiereisel**. The trio of seniors have been key components in the team's success during their years at Iowa. Combined, the three leaders have started in 117 matches and recorded minutes in 138 games as a dominate force in Iowa's back line. Aleo and Heimann started every game of the 2009 season as part of a Hawkeye defense that held opponents scoreless for over 409 minutes. Aleo was named the team's Most Valuable Player. Feiereisel protects the net, recording over 1,200 minutes in goal in three seasons. Although being slowed by injury during her sophomore campaign, the Libertyville, IL native has recorded 63 saves and five wins during her career.

The women's soccer program also welcomes a new face to the Hawkeye coaching staff, this season. **Jaimel Johnson** joins Rainey and second year assistant coach **Shane Meridith** as an assistant coach. Johnson, a University of Tennessee graduate, works with the goalkeepers. As an athlete, Johnson competed for the Volunteers as well as the U.S. National team in 2003 (U-17), 2006 (U-19) and 2008 (U-23) and the Chicago Red Stars.

"We are excited about Jaimel's addition to the University of Iowa, the Hawkeye athletic department and the soccer program," Rainey said. "Jaimel is a young coach who will push our goalkeep-

ers and brings incredible energy to our team. She emerged from a talented pool of candidates as someone who meets the needs of our program, and we cannot wait for her to get started."

Goalkeepers

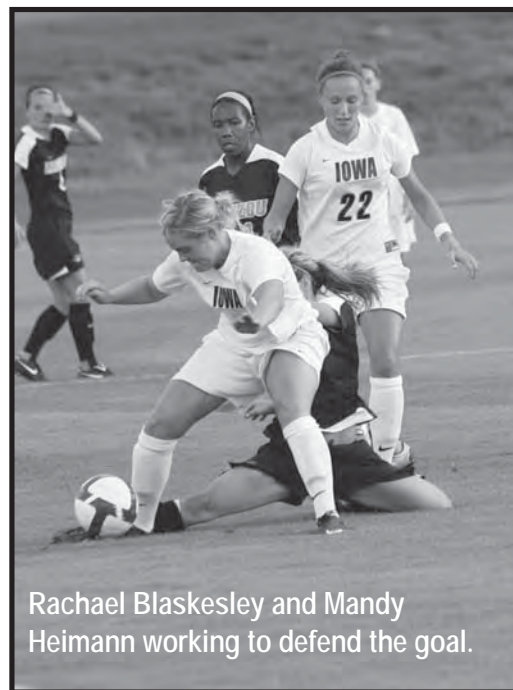
Iowa has a trio of threats in goal this season in **Emily Moran**, **Kali Feiereisel** and **Stephanie Swanson**. Moran had a breakout season in 2009, recording 90 saves in 1,771 minutes while holding five teams scoreless. Feiereisel and Swanson both saw action last season against Northern Iowa.

"This year we have a lot of experience back," said Rainey. "**Emily Moran**, **Kali Feiereisel** and **Stephanie Swanson** have all played minutes in college games. Emily was our No. 1 keeper last year, but the summer is a time we want people competing to play for that spot. I feel we have some depth at this position, and now we really need those goalkeepers to step up and make big saves in practice and in games."

Moran broke into the record books after her sophomore campaign. With 14 career wins, Moran is tied for second with Gabe Mauren and Liz Hendel. She has also 164 career saves and recorded nine wins in 2009 to occupy the fourth and third spots in the respective categories.

Defenders

Iowa's defense made things difficult for its opponents last season, and with four returning starters and four players with experience returning, the 2010 season does not look to be any easier for Hawkeye foes. The sturdy defense recorded six shutouts and went 409 minutes over five games without allowing a goal.



Rachael Blakesley and Mandy Heimann working to defend the goal.



IOWA WOMEN'S SOCCER

"The backs are another area where we have some experience, but we will mix in some new players," Rainey said. "**Jenna Aleo**, **Rachael Blakesley** and **Mandy Heimann** have started quite a bit. We also want to be flexible to see if there is anybody that can fill a role there to make for a good defensive presence."

Incoming freshmen **Alex Strang**, **Jess Yagla** and **Alex Melin** are also expected to be competitive in Iowa's defense this season.

"We feel like **Kat Lewis** and maybe **Alex Melin** and **Alex Strang**, as young players, may be getting time there and looking to compete in the back for us," said Rainey, "And we can put someone without a ton of experience back there because Jenna, Rachael and Mandy have a lot of experience."

Midfielders

With the loss of Jackie Kaeding and Alex Seydel, **Morgan Showalter** will be the leader in the midfield this season. The 2008 Big Ten all-Freshman selection and the 2009 Iowa Offensive Player of the Year is up to the challenge. Showalter has started every match of her career, and recorded six goals and five assists last season. **Sarah Langlas** will also be a leader for the Hawkeyes this season after recording minutes in each match last season while earning 12 starts.

"We are starting to get some players that are a little bit older and we also feel like we have some young players now," Rainey said. "**Sarah Langlas** and **Dana Dalrymple** are two players that might fill a role as a defensive midfielder and we are strong in the midfield with **Morgan Showalter** as an attacking midfielder. Some of the midfield competition will depend a little bit on whether we play with three in the midfield or four in the midfield. I think that will be a group that will allow us to keep possession of the ball and control tempo of games."

The junior duo will be joined by sophomores **Dana Dalrymple** and **Kat Lewis**. Dalrymple earned one start during her freshman season and saw action in 17 matches. The Cincinnati, OH native also recorded assists on Showalter and **Alyssa Cosnek** goals. Lewis wasted no time making an impact for the Hawkeyes last season. The Cedar Rapids, IA native scored her first career goal against Wisconsin-Milwaukee and found **Keli McLaughlin** for her first assist when Iowa faced Loyola-Chicago.

The Hawkeyes welcome **Allie Adam**, **Leah DeMoss**, **Katie Nasenbenny** and **Alex Melin** to the midfield force in 2010.

Sarah Langlas works to advance the Iowa attack in the midfield.



Forwards

The dominate duo in the attack is familiar this season. Senior **Keli McLaughlin** and junior **Alyssa Cosnek** are prominent strengths in Iowa's attacking third. McLaughlin was the leading scorer in 2009 with nine goals and two assists, while Cosnek found the net six times and assisted four goals. Dalrymple made an impact in Iowa's attack during her freshman campaign. Freshman **Ashley Catrell** has great examples to look to as an incoming forward for the Hawkeyes.

"For our forwards, we also have some experience back with some newcomers," Rainey said. "**Keli McLaughlin** and **Alyssa Cosnek** have been big point scorers for us in years past, and we really expect them to do well for us this year. **Dana Dalrymple** had an excellent freshman year and we want her to be even better her sophomore year. Then a player like **Ashley Catrell**, the Kansas state Player of the Year, we expect her to come in and be a great player as well."



Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Jenna Aleo

Senior
Defender
Tinley Park, IL

2009 as a Junior... Started all 20 games of the season as a defender... named the Hawkeyes' Most Valuable Player... recorded 11 shots... part of a back line that went 409 scoreless minutes... academic all-Big Ten... letterwinner.

2008 as a Sophomore... Named second team all-Big Ten as a defender... named to Pepperdine Nike Challenge All-Tournament team... started all 21 matches as a defender... dished out one assist (Northern Iowa; Sept. 12)... recorded six shots (four shots-on-goal).

2007 as a Freshman... Saw action in 13 matches, starting nine as a defender... started first collegiate match in opener against Navy (Aug. 31)... recorded one assist on the season.

High School... All-state selection three times... all-conference and all-area selection during all four high school years... SICA West's Top Defender of the Year during sophomore season... all-sectional selection during freshman season... played club soccer for Windy City Pride for seven years... was two-time team MVP and also won WCP Defender of the Year.

Personal... Born March 21, 1989... daughter of John and Debbie Aleo... interdepartmental studies major... attended Andrew High School and was coached by Nick Kolliniatis.

ALEO'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2007	13/9	0	0	1	1
2008	21/21	6	0	1	1
2009	20/20	11	0	0	0
Career	54/50	17	0	2	2

GETTING TO KNOW JENNA

Nickname: Gayleo, Jaleo, J

Favorite Soccer Player: Fabio Cannavaro

Favorite Soccer Team: Chicago Fire

Favorite Food: French toast sticks with syrup

Favorite Movie: *Antitrust*

Favorite TV Show: *8 Simple Rules*

WHY IOWA?

I chose Iowa because I liked the campus and soccer program. The university was also a decent distance from home for me.



Favorite Musical Artists: Trevor Hall, O.A.R., country music!

Favorite Vacation Spot: Florida

Favorite Book: *The Kite Runner*

Hobbies: Baking, playing tennis, singing, and taking naps

Surprising Fact: I used to be good at gymnastics.

I Am Most Thankful For...: My family and friends.



IOWA WOMEN'S SOCCER



Kali Feiereisel

Senior

Goalkeeper

Libertyville, IL

2009 as a Junior... Academic all-Big Ten... recorded one save in win over Northern Iowa (Sept. 20)... played 26 minutes in win, recording a 1.000 save percentage... letterwinner.

2008 as a Sophomore... Academic all-Big Ten... played in 13 matches (10 starts) before sustaining season-ending arm injury against North Dakota State (Oct. 5)... split time in goal with freshman Emily Moran and the two combined for seven shutouts... made 25 saves on the season... only allowed seven goals, with her goals-against-average being 1.08... went 4-3-1 during the season.

2007 as a Freshman... Saw action in nine matches, including six starts in conference play... finished the season ranked fourth in the Big Ten in saves-per-game (4.11)... made first collegiate appearance in goal against Northern Iowa (Sept. 18) and started first collegiate match against Purdue (Oct. 12)... corralled 37 saves... recorded first collegiate shutout against Ohio State (Oct. 21).

High School... All-conference selection twice... defensive MVP as a sophomore... honorable mention as a freshman... member of Eclipse Select club team for two years... part of USYSA national championship team in 2006... also earned four letters in basketball including all-Conference and all-area honorable mention as a senior.

Personal... Born December 3, 1988... daughter of Mark and Lise Feiereisel... international studies major... member of National Honor Society... attended Libertyville High School and was coached by Scott Schinto.

FEIEREISEL'S CAREER STATISTICS

Year	GP/GS	SV	GA	SO	REC	SV%	MIN
2007	9/6	37	13	1	1-6-0	.740	658:55
2008	13/10	25	7	0	4-3-1	.781	581:39
2009	1/0	1	0	0	0-0-0	1.000	25:33
Career	23/16	63	20	1	5-9-1	.840	1266:30

GETTING TO KNOW KALI

Nickname: K, Fire

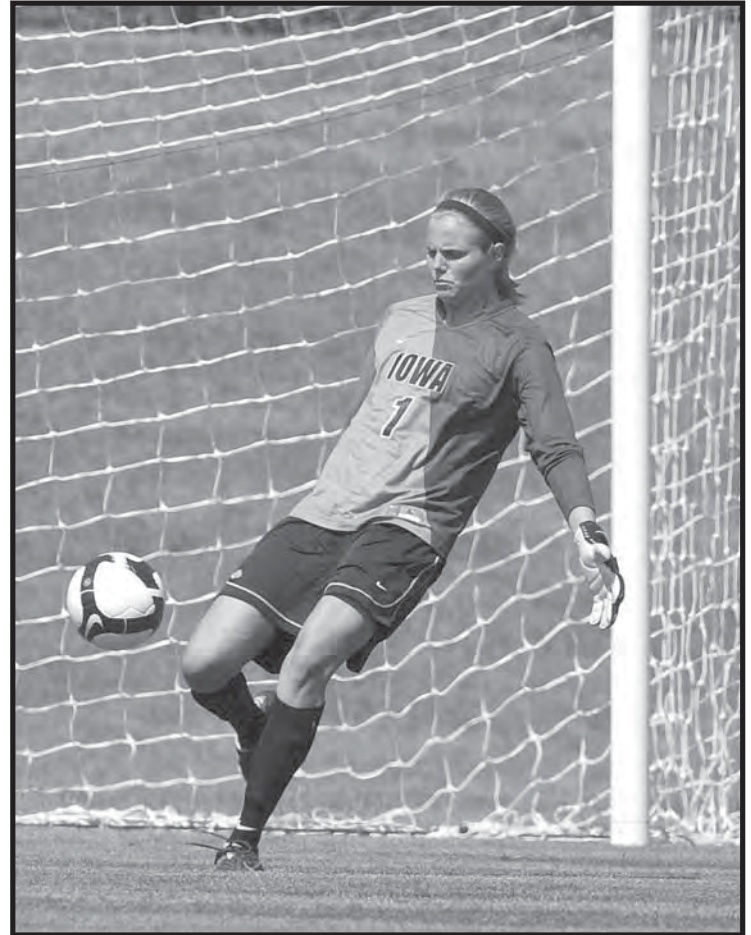
Favorite Soccer Player: Edwin Van der Sar

Favorite Soccer Team: Manchester United

Favorite Food: Hummus, guacamole

WHY IOWA?

I chose the University of Iowa over other schools because of the wide range of academics, players and coaches on the soccer team and the overall atmosphere of the campus. After my freshman year, I could not be happier about my decision. The classes are enjoyable and interesting, players and coaches have turned into a second family and Iowa City feels like home.



Favorite Movie: *The Italian Job*

Favorite TV Show: *Grey's Anatomy, Brothers and Sisters, House*

Favorite Musical Artists: Jack Johnson, Coldplay, Goo Goo Dolls

Favorite Vacation Spot: London, England

Favorite Book: *Angels & Demons*

Hobbies: Traveling, Watching or playing tennis, ceramics, music

Surprising Fact: I do not like chocolate. It makes me sick.

I Am Most Thankful For... The great support my family and friends give me and the opportunities I've had so far in my life.



Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Mandy Heimann

Senior

Defender

Naperville, IL

2009 as a Junior... Started every game of the season... recorded first career assist on an Alyscha Mottershead goal from the six-yard box in win over Loyola-Chicago... ended the season with two as-

sists... letterwinner.

2008 as a Sophomore... Academic all-Big Ten... started all 21 matches as a defender... recorded two shots (one shot-on-goal).

2007 as a Freshman... Saw action in all 20 matches, including 10 starts as a defender... started nine of 10 regular season conference matches... ended the season with one goal, the first of her collegiate career, against Northern Iowa (Sept. 18).

High School... Team captain and defensive MVP during senior season... team MVP as a sophomore... led team to Class AA Regional championship during junior and senior seasons... was part of Upstate 8 Championship team in 2004... played club soccer for Naperville Soccer Association for 11 years... captain of team for past five years.

Personal... Born November 10, 1988... daughter of Lynette & Jim Heimann... interdepartmental studies major... attended Neuqua Valley High School and was coached by Joe Moreau.

HEIMANN'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2007	20/10	3	1	0	3
2008	21/21	2	0	0	0
2009	20/20	4	0	2	2
Career	61/51	9	1	2	5

GETTING TO KNOW MANDY

Nickname: Mandy

Favorite Soccer Player: Michael Ballack

Favorite Soccer Team: Germany

Favorite Food: Bread

Favorite Movie: *Breakfast At Tiffany's*

Favorite TV Show: *Gilmore Girls*

Favorite Musical Artists: Kenny Chesney

WHY IOWA?

The university of Iowa is the TOTAL PACKAGE for me... it has a great, and rising soccer program with coaches and teammates who are very dedicated. The location is only three hours from my hometown, so my family can attend most of my games. The campus is gorgeous and the size of the student body was exactly what I was looking for.



Favorite Vacation Spot: Ixtapa, Mexico

Favorite Book: *The Polar Express*

Hobbies: Drawing, writing, running

Surprising Fact: I love old black and white movies!

I Am Most Thankful For...: The close relationship I have with my parents.



IOWA WOMEN'S SOCCER



Amanda Martin

Senior

Forward

Lewis Center, OH

2009 as a Junior... Academic all-Big Ten... competed in four matches... recorded three shots, including two shots on goal... letterwinner.

2008 as a Sophomore... Played in 12 matches... recorded an assist against North Dakota State (Oct. 5) and against Purdue (Oct. 12)... recorded five shots (two shots-on-goal).

2007 as a Freshman... Saw action in 20 matches, starting 10... was credited with first collegiate assist against Northern Iowa (Sept. 18)... recorded five shots-on-goal.

High School... Four-year letterwinner... three-time all-county selection... two-time first team all-Ohio Capital Conference selection... two-time second team all-district selection... named team's Offensive Player of the Year twice... co-captain during senior year... started every game during high school career... scored 52 career goals... team leader in goals and assists in three of four high school years... played club soccer for Ambassador S.C. and Blast F.C... also earned three letters in basketball... holds record for most points scored in a varsity game by a freshman.

Personal... Born February 14, 1989... daughter of Garth & Cindy Cox... stepfather Garth played football for Ohio State... four-time scholar athlete award winner... National Honor Society member... Magna Cum Laude graduate... communication studies major... attended Olentangy High School and was coached by Josh Brader.

MARTIN'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2007	20/10	11	0	1	1
2008	12/0	5	0	2	2
2009	4/0	3	0	0	0
Career	36/10	19	0	3	3

GETTING TO KNOW AMANDA

Nickname: Boo, Weezy, AMart

Favorite Soccer Player: Thierry Henry

Favorite Soccer Team: Iowa Hawkeyes!

Favorite Food: Cheese

Favorite Movie: *Heavyweights*

Favorite TV Show: Anything on VH1 or ESPN

WHY IOWA?

I have grown up around Ohio State and I knew I would like to play Big Ten soccer. I wanted to go somewhere that was big, but not too big. I had never been to Iowa before, but once I visited it I fell in love with the campus, coaches, and team!



Favorite Musical Artists: Everything

Favorite Vacation Spot: Mexico

Favorite Book: *Copycat*

Hobbies: Attending sporting events, hanging out with friends

Surprising Fact: My front teeth were once knocked out from playing basketball.

I Am Most Thankful For...: The opportunities I have had.



Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Keli McLaughlin

Senior
Forward
Alsip, IL

Hawk-Item... Tied for fifth in school history for assists in a single-season (six).

2009 as a Junior... Scored nine times for the Hawkeyes, including two goals in three games... scored one game winning goal... recorded one assist... was Iowa's leading scorer with 19 points... tied for eighth in most season individual goals with nine... earned Academic all-Big Ten honors... letterwinner.

2008 as a Sophomore... Named Iowa's Offensive Player of the Year... started all 21 matches... led team in points (20)... second on team in goals (seven) and assists (six)... recorded at least one point in 12 of Iowa's 21 matches... second on team with 31 shots.

2007 as a Freshman... Appeared in all 20 matches, starting three... recorded first collegiate goal in Big Ten Tournament quarterfinal loss to Penn State (Nov. 8)... recorded six shots-on-goal.

High School... All-State selection during junior and senior years... was named to all-conference, all-area and all-sectional teams during every year of high school... team MVP during all four years... team captain during senior season... scored 72 goals and 38 assists during high school career... led team to conference championship during senior season... holds school records for most goals scored, most shots on goal and most assists... played club soccer for Chicago Magic for five years and America's Soccer Club for three years... also earned four letters in basketball.

Personal... Born June 20, 1989... daughter of Denise & Brian McLaughlin... Honor Roll student... interdepartmental studies major... attended Shepard High School and was coached by Dustin Defrates.

MCLAUGHLIN'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2007	20/3	10	1	0	3
2008	21/21	31	7	6	20
2009	20/19	37	9	1	19
Career	61/33	78	17	7	42

GETTING TO KNOW KELI

Favorite Soccer Player: I like watching all the players

Favorite Food: Chicken tenders

Favorite Movie: *Dumb & Dumber*

Favorite TV Show: *Law & Order*

Favorite Musical Artists: Lil' Wayne

WHY IOWA?

I chose Iowa mainly for soccer purposes. In general, Iowa is just a great place. The soccer field is what really won me over from other schools. I wanted to be a part of a growing program and that is exactly what the soccer program here is doing. We made a name for ourselves this past year and that name is going to continue to become known.



Favorite Vacation Spot: Mexico

Surprising Fact: I don't like chocolate

I Am Most Thankful For...: My family



IOWA WOMEN'S SOCCER



Stephanie Swanson

Senior

Goalkeeper

Downers Grove, IL

2009 as a Junior... Saw action against University of Northern Iowa...Academic all-Big Ten... let-winner.

2008 as a Sophomore... Saw action in one match at Penn State (Oct. 19)... made a career-high eight saves against Penn State.

2007 as a Freshman... Saw first collegiate action as a starter in regular-season finale at Minnesota (Nov. 2)... named Big Ten co-Defensive Player of the Week for efforts against Minnesota... recorded three saves.

High School... All-conference selection twice... team captain as a senior... honorable mention all-area team as a senior... honorable mention all-sectional during junior season ... member of 2006 West Suburban Silver Conference championship team.

Personal... Born July 27, 1989... daughter of Susan and Brian Swanson... Illinois State scholar... National Honor Society member... mechanical engineering major... attended Downers Grove North High School and was coached by Lois Graham.

SWANSON'S CAREER STATISTICS

Year	GP/GS	SV	GA	SO	REC	SV%	MIN
2007	1/1	3	0	1	1-0-0	1.000	90:00
2008	1/0	8	1	0	0-1-0	.889	75:49
2009	1/0	0	0	0	0-0-0	0.00	15:04
Career	3/1	11	1	1	1-1-0	.916	180:53

GETTING TO KNOW STEPHANIE

Nickname: Swany

Favorite Soccer Player: Peter Schmeichel

Favorite Soccer Team: Manchester United

Favorite Food: Steak

Favorite Movie: *Anchorman*

Favorite TV Show: *Mythbusters*, *Grey's Anatomy*

Favorite Musical Artists: Mostly everything

Favorite Vacation Spot: Michigan's upper peninsula

Favorite Book: *Slaughterhouse-Five*, *It's Not About The Bike*

Hobbies: Golf, snowboarding, relaxing, hanging out with friends

Surprising Fact: I am a huge Green Bay Packers fan.

I Am Most Thankful For...: My mom and also the people and opportunities that have gotten me to where I am and continue to help me grow.

WHY IOWA?

I really liked the campus and the environment of the university. Also, the small engineering college at a Big Ten university was additionally appealing. And of course, my teammates and coaches are a plus.





IOWA WOMEN'S SOCCER

**Rachel Blakesley**

Junior

Defender

Peoria, IL

2009 as a Sophomore... Competed and started in 17 matches... named Iowa's Defensive Player of the Year... recorded one shot... part of an Iowa defense that held opponents scoreless for

409 minutes... letterwinner.

2008 as a Freshman... Started all 21 matches for the Hawkeyes... recorded four shots (one shot on-goal).

High School... Two-time IHSSCA all-state selection during sophomore and senior years... four-time all-conference selection... four-time all-area selection... all-sectional selection during junior year... Team Gatorade Rookie of the Year as a freshman... named team MVP as a senior... named team captain during senior season... helped lead Notre Dame to four consecutive conference championships and two State Elite Eight appearances... team went 79-17-5 during a four year span... netted 65 goals and 42 assists during four years at Notre Dame... made final penalty kick in double overtime to win the Sectional Final in 2006... member of Illinois ODP Team and was State Select Player from 2002-2004... played club soccer for John Gaspar Academy from 2004-2008 and the Sporting Futbol Club from 1995-2004... also played two years of golf and was a sectional qualifier in as a freshman and sophomore... recipient of Presidential Award for Academic Excellence in Education... Honor Roll recipient during all four high school years... National Honor Society member.

Personal... Born May 23, 1990... daughter of Scott and Debbie Blakesley... pre-business major... attended Peoria Notre Dame and was coached by Matt Blackford... club soccer coaches were John Gaspar and Lou Basso.

BLAKESLEY'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2008	21/21	4	0	0	0
2009	17/17	1	0	0	0
Career	38/38	5	0	0	0

GETTING TO KNOW RACHEL

Nickname: RachBlakes

Favorite Soccer Player: Lionel Messi

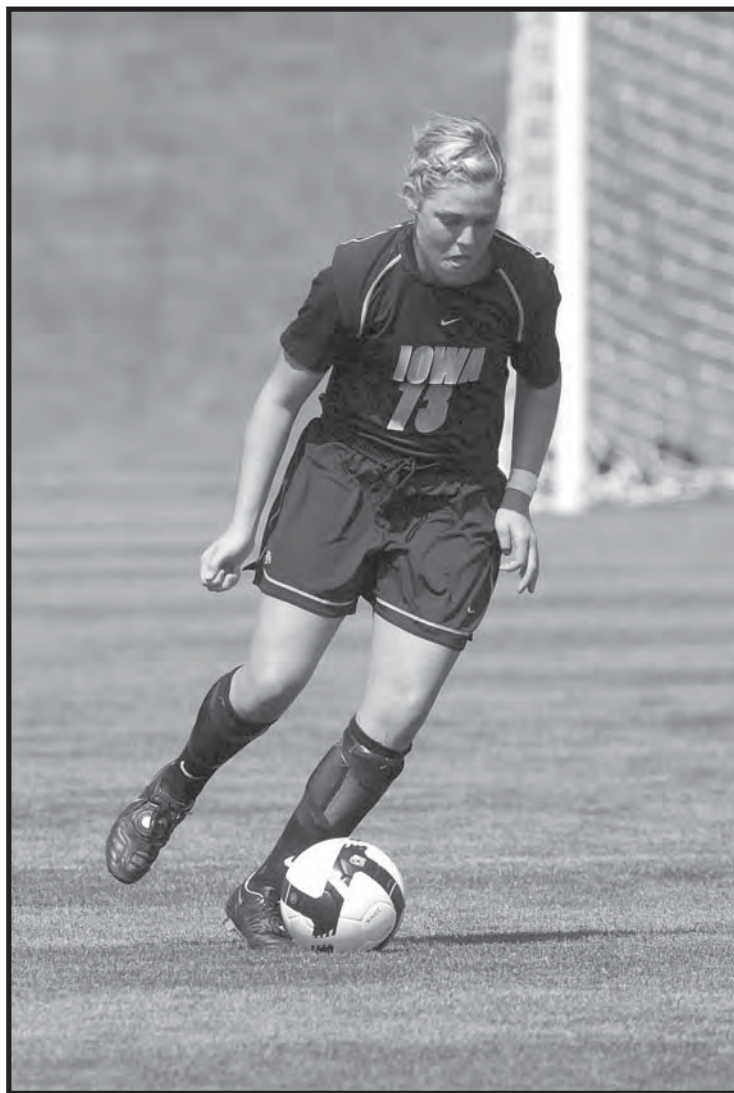
Favorite Soccer Team: Portugal

Favorite Food: Ice Cream

Favorite Movie: *What Happens In Vegas*

WHY IOWA?

I chose the University of Iowa because of the academic reputation of their business school. The location was appealing and reminded me of my hometown. After meeting Coach Rainey, and speaking with the soccer staff members and team, I was convinced this was the right place for me.



Favorite TV Show: *Grey's Anatomy*

Favorite Musical Artists: Kate Voegelé, Dave Matthews Band

Favorite Vacation Spot: Amelia Island, FL

Favorite Book: *The Notebook*

Hobbies: Running, reading, listening to music, golfing

Surprising Fact: I once drank Miracle Grow when I was little.

I Am Most Thankful For...: My friends and family.



IOWA WOMEN'S SOCCER



Alyssa Cosnek

Junior

Forward

Aliquippa, PA

2009 as a Sophomore... Started every match of the season for Iowa (20/20)... scored six times, including once in 2-1 win over Michigan (Oct. 30)... recorded a game-winning goal in 4-0 win

over University of Wisconsin-Milwaukee... moves up in Iowa's all-time career game-winning goals (7)... ties Katelyn Quinn, Beth Oldenburg and Linzy Woltman for the second most in program history... recorded two assists in win over Northern Arizona and one in season opener against Missouri and win over Northern Iowa... letterwinner.

2008 as a Freshman... Named to Big Ten all-Tournament team... started every match of the season for the Hawkeyes... led team in goals (nine)... tied for eighth all-time in Iowa's record books for most goals in a season... led the Big Ten in game-winning goals (six)... finished 10th in the Big Ten in points (18)... scored two goals in first collegiate match against Drake (Aug. 23)... recorded 30 shots, including 18 shots-on-goal.

High School... Three-time all-section team selection... two-time WPIAL selection... two-time team captain... named Team MVP of senior season... section MVP during senior season... led Hopewell in scoring sophomore, junior, and senior seasons... led team in assists during freshman season with 16... set school record for most career goals scored (85)... tallied 67 assists during high school career... played club soccer for Northern Steel Ice from 2004-2007... was a member of the U.S. Club Regional Qualifiers in 2006 and 2007... also four-year letterwinner in gymnastics and track... placed in Top 10 at Pennsylvania State Championships as a gymnast in the silver division and also competed in four events for track... Student Athlete Award recipient during all four years of high school.

Personal... Born August 23, 1989... daughter of John and Paula Cosnek... pre-pharmacy major... attended Hopewell Area High School and was coached by Martin Byrnes... club soccer coach was Blair Gerlach.

COSNEK'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2008	21/21	30	9	0	18
2009	20/20	38	6	4	16
Career	41/41	68	17	4	34

WHY IOWA?

I chose Iowa because the school had a full pharmacy program. I also love the campus and how it is landscaped. Lastly, the group of girls on the team that I met were awesome and I would love to be apart of the team!

#5



GETTING TO KNOW ALYSSA

Nickname: Coz

Favorite Soccer Player: My brothers

Favorite Soccer Team: Brazil

Favorite Food: Grilled food and pirogies

Favorite Movie: *Troy*, *Indiana Jones*

Favorite TV Show: *NCIS*

Favorite Musical Artists: Everything

Favorite Vacation Spot: Camping or beaches

Favorite Book: *The Hobbit*

Hobbies: Cutting grass, hanging out with friends

Surprising Fact: I have been to all but four states.

I Am Most Thankful For...: My family and everything God has blessed me with.



Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Sarah Langlas

Junior
Midfielder
Wheaton, IL

2009 as a Sophomore... Earned Most Improved Player award... academic all-Big Ten... competed in every match for the Hawkeyes... recorded 12 starts, including the home opener against Missouri (Aug. 21)... found the net in the 4-1 win over Northern Arizona University (Sept. 6)... recorded 11 shots, including three on goal... letterwinner.

2008 as a Freshman... Played in 19 matches as a midfielder... finished fifth on the team in points (seven)... recorded goals against Drake (Aug. 23), Iowa State (Sept. 21) and Northwestern (Oct. 24)... recorded game-winning goal against Iowa State... had one assist (Oct. 17 at Ohio State).

High School... All-conference, all-area, and all-sectional selection her senior year... team captain as a senior... helped lead her team to Dupage Valley Conference championship in 2008 and second place finishes in 2006 and 2007... team went 19-2-1 during Langlas' senior season, including Class AA Regional champions... Heart & Hustle Award and Rookie Most Valuable Player during sophomore season... member of ASC Eagles club team from 2006-08 and Glen Ellyn Raiders from 2002-06... four-time academic all-Conference selection... member of National Honor Society, Student Council, Senior Class Council and Athletic Leadership Council... also gained four letters in basketball and was named all-conference, all-area, all-sectional and all-state honorable mention during senior year.

Personal... Born June 3, 1990... daughter of Julie and Don Langlas... business-undeclared major... attended Wheaton Warrenville South High School and was coached by Guy Callipari... high school teammate of fellow Hawkeye Allison Bellmer... club soccer coach was Angel DiBernardo.

LANGLAS' CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2008	19/0	8	3	1	7
2009	20/12	11	1	0	2
Career	39/12	19	4	1	9

GETTING TO KNOW SARAH

Nickname: Slang

Favorite Soccer Player: Kristine Lilly

Favorite Soccer Team: Chicago Fire

WHY IOWA?

In addition to the amazing campus and the great people I met on campus, I loved the soccer program and the many opportunities for the future. I have no idea what I want to study, but Iowa offers so many resources to help me figure it out.



Favorite Food: Sushi

Favorite Movie: *I Am Legend*

Favorite TV Shows: *Lost, Friends*

Favorite Musical Artists: Carrie Underwood, Dave Matthews Band

Favorite Vacation Spot: Mexico

Favorite Books: *Nineteen Minutes, The Millionaire Next Door*

Hobbies: Basketball, scrapbooking, rollerblading

Surprising Fact: I can write with my feet.

I Am Most Thankful For...: My family and friends



IOWA WOMEN'S SOCCER



Emily Moran

Junior

Goalkeeper

Kent, OH

2009 as a Sophomore... Started every match... recorded 90 saves and boasted a .756 save percentage... held opponents scoreless for 409 minutes through three and half games (Wisconsin-Milwaukee, Iowa State, Northern Iowa, and Minnesota)... moves to fourth on Iowa's all-time career saves list (164)... earned nine victories as a sophomore, fourth most in a singles season... ties for second with Gabe Mauren and Liz Hendel for career victories (14)... recorded five shutouts... twice posted back-to-back shutouts versus Montana and South Dakota State (Aug. 28/30) and Wisconsin-Milwaukee and Iowa State (Sept. 13/18)... key part in securing seven home victories, tied for most home victories in a single season... played for 1,771 minutes, only allowing 29 goals... academic all-Big Ten... letterwinner.

2008 as a Freshman... Named to Big Ten all-Freshman Team... played in all 21 matches, including eight starts... split time with sophomore Kali Feiereisel until Feiereisel suffered season-ending arm injury against North Dakota State (Oct. 5)... made a career-high 10 saves against Purdue (Oct. 12), which is tied for ninth on Iowa's all-time list for most saves in a single match... finished fourth in the Big Ten in save percentage (.822), sixth in saves (74) and seventh in goals-against-average (1.12)... recorded two shutouts on the season (Oct. 10 vs. Illinois; Oct. 26 vs. Wisconsin).

High School... Ranked as one of the Top 200 college recruits for the 2008 season by SoccerBuzz Magazine, coming in at No. 132... three-time first team all-league and all-district selection... Most Valuable Player of freshman/sophomore team during freshman year... member of Ohio Olympic Development State Team from 2001-2007 and ODP Regional Team from 2005-2007... has a Class-D coaching license and was goalkeepers coach for Ohio ODP Team in 2007... earned three letters in football as a kicker, including first-team all-league and all-district selections... also an all-state honorable mention.

Personal... Born October 29, 1989... daughter of Mike and Diane Moran and Elizabeth Taylor... athletic training major... attended Theodore Roosevelt High School and was coached by Steve Mitchell... club soccer coach was Sean McNamara.

MORAN'S CAREER STATISTICS

Year	GP/GS	SV	GA	SO	REC	SV%	MIN
2008	21/8	74	16	2	5-7-0	.822	1321:25
2009	20/20	90	29	5	9-10-0	.756	1770:41
Career	41/28	164	45	7	14-17-0	.789	3091:66

WHY IOWA?

I chose Iowa because it had everything I was looking for. The soccer team and coaches were one big deciding factor. The University of Iowa has my major, athletic training, which was another determining factor. I also love Iowa City; it is a beautiful, small city.



GETTING TO KNOW EMILY

Favorite Soccer Player: Brianna Scurry

Favorite Soccer Team: Manchester United

Favorite Food: Chicken enchiladas

Favorite Movie: *August Rush*

Favorite TV Show: *Army Wives*

Favorite Musical Artists: Carrie Underwood, Jason Aldean

Favorite Vacation Spot: Hilton Head, NC

Favorite Book: *Zink*

Surprising Fact: I played football in high school.

I Am Most Thankful For...: My family.



Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Morgan Showalter

Junior

Midfielder/Forward

Cedar Rapids, IA

Hawk-Item... Iowa's all-time leader for most assists in a single match (three - Aug. 23, 2008 vs. Drake)... Iowa's all-time leader for most assists in a single-season (nine), tied with Linzy Wolman (2000), Sarah Kiefer (2000), and Julie Atkocalitis (1999).

2009 as a Sophomore... Named the team's Offensive Player of the Year... started every match... recorded six goals, including one each of the first three games against Missouri (Aug. 21), Montana (Aug. 28), and South Dakota State (Aug. 30)... recorded the game winning goal in 2-0 win over Montana, 2-0 win over South Dakota State, and the 2-1 win over Michigan for the first conference win of the season... tied for sixth in Iowa's season game winning goals (3)... assisted five goals... has 14 career assists which puts her fifth in Iowa's career assist leaders... was Iowa's second leading scorer (17 points)... took 37 shots, challenging the goal 16 times... academic all-Big Ten... letterwinner.

2008 as a Freshman... Started every match of the season for the Hawkeyes (21/21)... named to Big Ten all-Freshman Team as a midfielder... tied for second in Big Ten in assists and led team in assists (nine)... scored first collegiate goal at Ohio State (Oct. 17)... finished fourth on the team in points with 11 (1 G, 9 A).

High School... Ranked as one of the Top 200 college recruits for the 2008 season by SoccerBuzz Magazine, coming in at No. 190... helped lead Xavier to three Class 1A state championships and a second place finish in 2005... Iowa Class 1A Player of the Year as a senior and tied for the honor as a sophomore... five-time Class 1A all-tournament team selection, including team captain as a sophomore... four-time Elite Team all-State selection... four-time first team all-conference selection... started every game in her high school career (89/89)... upon completing eighth grade, scored three goals and tallied two assists in final six games for Xavier in 2004 (6-0), including being named to all-tournament team... scored 107 career goals and tallied 84 assists during high school career, in which Xavier's record was 84-5... member of Cedar River Soccer Association for 12 years, including six state championship titles... member of Iowa Olympic Development Program for four years... first freshman in state history to be named to Elite All-State team in soccer... helped lead Xavier to 3A state basketball championship as a junior and third-place finish as a sophomore.

Personal... Born October 9, 1989... daughter of Dave and Cathy Showalter... attended Xavier High School and was coached by Raven Blackwell... high school teammate of fellow Hawkeye freshman Suzy Levett... club soccer coaches are Kerry Brimmo, Alen Kudumovic, John Keating and Diane Dodds.

SHOWALTER'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2008	21/21	24	1	9	11
2009	20/20	37	6	5	17
Career	41/41	61	7	14	28

WHY IOWA?

I chose Iowa because it was just far enough away from home. Also I liked the coaching staff, the campus layout, and the current girls on the team. Also, I've been a lifelong Hawkeye fan, along with the rest of my family.



GETTING TO KNOW MORGAN

Nickname: Sho

Favorite Soccer Player: Deco

Favorite Soccer Team: Manchester United

Favorite Food: Steak

Favorite Movie: *The Wedding Date*

Favorite TV Show: *One Tree Hill*

Favorite Musical Artists: Band Of Horses

Favorite Vacation Spot: San Diego, CA

Favorite Book: *Slash*

Hobbies: Drawing

Surprising Fact: I was a farm girl who showed cattle at county fairs.

I Am Most Thankful For...: My friends



IOWA WOMEN'S SOCCER



Gabrielle Tinner

Junior

Defender

Quantico, VA

2009 as a Sophomore... Competed in three matches... saw first action of the season in 3-0 win over Northern Iowa (Sept. 20)... academic

all-Big Ten... letterwinner.

2008 as a Freshman... Appeared in three matches... saw first collegiate action against Drake (Aug. 23).

High School... Team captain and named team's Most Valuable Player during senior season... first team all-conference selection and co-captain as junior... led team in goals during junior and senior years, scoring 17 and 16, respectively... tallied eight assists as a senior... member of MPS Freedom Elite club team... National Honor Society member and secretary... recipient of the Presidential Academic Award.

Personal... Born June 8, 1990... daughter of Tim and Petra Tinner... history major... attended Quantico High School and was coached by Cheryl Duff... club soccer coach was Mike Jordan.

TINNER'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2008	3/0	0	0	0	0
2009	3/0	0	0	0	0
Career	6/0	0	0	0	0

GETTING TO KNOW GABRIELLE

Nickname: Gabby

Favorite Soccer Players: Sergio Ramos and Fernando Torres

Favorite Soccer Team: Real Madrid

Favorite Food: Calamari

Favorite Movie: *Never Been Kissed*

Favorite TV Show: *Ugly Betty*

Favorite Musical Artists: Say Anything, Yelle

Favorite Vacation Spot: Amsterdam

Favorite Book: Harry Potter!

Hobbies: Playing sports, playing guitar, learning different languages and cultures.

Surprising Fact: I have moved 13 times.

I Am Most Thankful For...: The support of the people around me and the time and effort they put into me to ensure that I am the best I can be.

WHY IOWA?

I chose Iowa because of the people and the structure of the school. I have not encountered anyone that is not willing to help when there is a problem. The environment of the school allows me to know that I will grow immensely. Picking this school over any other was easy because of the homelike feeling given off by the coaches and teammates. I am positive that my game will be at its peak when I leave Iowa due to the dedication that the coaching staff has to the girls. That is probably my number one reason for becoming a Hawkeye.





Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Gabrielle Ainsworth

Sophomore
Defender
Coralville, IA

2009 as a Freshman... Saw first action in 4-1 win over Loyola-Chicago (Sept. 11)... played in 10 games... recorded two shots... letterwinner.

High School... Attended Shattuck-St Mary's Academy in Faribault, MN, for the last three years... plays for Shattuck's U-18 team... played in 2006 Brondby Cup in Denmark with fellow freshman Jenny Kahler... captain of Iowa Olympic Development team from 2005-2007... first team all-conference selection as a freshman at West (H.S.) in Iowa City... high school and club soccer coach is David Linenberger.

Personal... August 10, 1990... parents are Kim and Steve Ainsworth... open major.

AINSWORTH'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2009	10/0	2	0	0	0

GETTING TO KNOW GABRIELLE

Nickname: Gabby

Favorite Soccer Players: Kaka

Favorite Soccer Team: New Jersey Sky Blues

Favorite Food: Chicken Fingers

Favorite Movie: *Transformers*

Favorite TV Show: *House and Prison Break*

Favorite Musical Artists: Jason Mraz

Favorite Vacation Spot: Florida

Favorite Book: Kite Runner

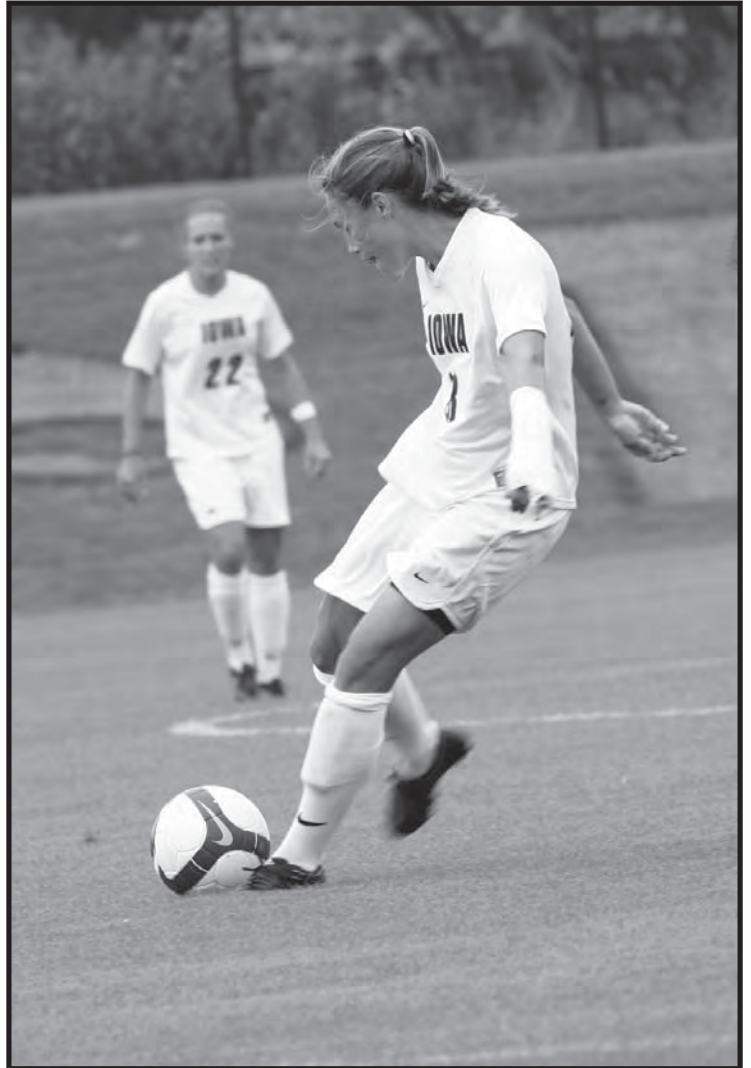
Hobbies: Videography and Photography

Surprising Fact: My mom and dad are my best friends.

I Am Most Thankful For...: My family and the people that surround me.

WHY IOWA?

I chose Iowa because it was close to home. I felt they have a good program and I would be a good fit for it.





IOWA WOMEN'S SOCCER



Stefani Campbell

Sophomore
Forward/Defender
Arlington, TX

2009 as a Freshman... Played in three games... saw first collegiate action in 4-0 win over University of Wisconsin-Milwaukee (Sept. 13)... recorded two shots in against University of Northern Iowa (Sept. 20)... letterwinner.

High School... Part of Summit (H.S.) team that won 4A-5A District Championship from 2006-08... team captain as a senior... all-around District MVP as a midfielder... first team all-district, all-area as a sophomore... second team all-district as a freshman... scored 59 goals and 48 assists in her high school career... played club soccer for Solar 91 for three years... named to the Red Bull NL all-Tournament Team as a defender... high school coach is Kirby Davis... club coach is Randy Shaw.

Personal... Born May 15, 1991... parents are John and Toni Campbell... chemistry major... National Honor Society member.

CAMBELL'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2009	3/0	2	0	0	0

GETTING TO KNOW STEFANI

Nickname: Soupy

Favorite Soccer Players: Wayne Rooney

Favorite Soccer Team: Chelsea

Favorite Food: Steak

Favorite Movie: *Mary Poppins*

Favorite TV Show: *Friends*

Favorite Musical Artists: Anyone

Favorite Vacation Spot: Boston

Favorite Book: *Sisterhood of the Traveling Pants*

Hobbies: Singing or Drawing

Surprising Fact: When I was young, I was a ballerina.

I Am Most Thankful For...: My family and friends, as they have always supported me through the countless soccer games in the blistering heat and the freezing cold. Also, God, for blessing me with such a passion and love for the game of soccer to carry me forth throughout my life.

WHY IOWA?

I chose Iowa because everything fit like a puzzle. At first I just had a bunch of pieces, but when I turned them all in the right direction the picture was IOWA. When I stepped on campus I immediately fell in love. Then meeting everyone, from the girls to the coaches and local Iowans, everyone was so nice, which made everything a breeze. I'm overly excited about my decision and can't wait to finally take field with the Hawkeyes!





Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Dana Dalrymple

Sophomore

Defender/Midfielder

Cincinnati, OH

2009 as a Freshman... Saw first action in match against Missouri... earned first career assist on a Morgan Showalter goal against Missouri... found Alyssa Cosnek during the Wisconsin-Milwaukee win to record second assist of the season... played in 17 games, including first career start against Indiana... letterwinner.

High School... Three-time first team all-conference selection... three-time Division-I first team all-southwest Ohio honoree... team captain as a senior... was named Applebee's Athlete of the Week as a junior... received team's Most Improved Player award as a freshman... helped Anderson (H.S.) to district championship from 2005-07 and sectional championship in 2008... played club soccer for Cardinals Soccer Club (seven years), Classics Futbol Club (two years) and Ohio Elite Soccer Academy (two years)... high school coach is Bill Miller... club soccer coach is Doug Bracken.

Personal... Born March 5, 1991... parents are Dorne Dalrymple and Beth Anderson; step-parents are Lynn Dalrymple and Jim Anderson... open major... National Honor Roll member all four years... member of National Honor Society, Spanish Honor Society and Student Council.

DALRYMPLE'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2009	17/1	14	0	2	2

GETTING TO KNOW DANA

Nickname: "D"

Favorite Soccer Player: Michelle Akers

Favorite Soccer Team: Manchester United

Favorite Food: Mashed potatoes

Favorite Movie: *Pretty Woman*

Favorite TV Show: *It's Always Sunny in Philadelphia*

Favorite Musical Artists: Pete Dinklage, The Strokes, Bruce Springsteen

Favorite Vacation Spot: Cancun

Favorite Book: The Glass Castle

Hobbies: Photography, waterskiing, reading

Surprising Fact: I am an only child.

I Am Most Thankful For...: My stepsiblings

WHY IOWA?

I chose Iowa because I like the coaching staff and the campus. I am an open major and Iowa is a big school, so I have many study options. I also wanted to get out of Ohio.

#24





IOWA WOMEN'S SOCCER



Jade Grimm

Sophomore
Forward/Midfielder
Cedar Rapids, IA

2009 as a Freshman... Started every match... played an active role in Iowa's defense that held opponents scoreless for 409 minutes... recorded nine shots, three on goal... named to the Big Ten Conference's all-Freshman team... letterwinner.

High School... Iowa High School Player of the Year as a sophomore and senior... two-time Elite first team all-state selection... two-time conference Player of the Year... three-time first team all-conference honoree... Metro Player of the Year as a junior... was part of a Kennedy (H.S.) team that won three-straight conference championships... second in Kennedy (H.S.) history in career goals, assists, goals scored in a single-game and assists in a single season... member of Region II Olympic Development team from 2005-2009, including playing experience in France and Brazil... member of Iowa Olympic Development Team from 2001-2008... played club soccer for West Des Moines Soccer Club (2007-2009) and Cedar River Soccer Association (1996-2006)... high school coach is Homer Screws... club soccer coach is Frank Gurnick... high school teammate of freshmen Katherine Lewis and Rachel Spellerberg.

Personal... Born March 19, 1991... parents are Lance and Jill Grimm... pre-medicine major... National Honor Society member... also on the Honor Roll of Excellence from 2005-2008, which rewards those in the Top 5% of their class.

GRIM'S CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2009	20/20	9	0	0	0

GETTING TO KNOW JADE

Nickname: Jade

Favorite Soccer Player: Mia Hamm

Favorite Soccer Team: Hawkeyes

Favorite Food: All Seafood

Favorite Movie: *Twilight*

Favorite TV Show: *One Tree Hill*

Favorite Musical Artists: Beyonce

Favorite Vacation Spot: San Diego

Surprising Fact: I have never been stung by a bee or broken anything.

I Am Most Thankful For...: My Family

WHY IOWA?

When looking at where I wanted to go on to school, I focused on three priorities. The first was to find a large school that offered an exceptional pre-med education combined with an opportunity to explore the medical field during the undergraduate years. The second was to find an environment that I would like to call home for the next 4-8 years. Coach Ron did an excellent job of helping me understand where the university ended and the city began. Last was to play for a coaching staff that I respected and could relate to. The coaching staff at Iowa was very easy to communicate with and having Ron as an assistant coach on the Region II ODP team gave me a chance to really get to know him as a coach and a person.





Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Katherine Lewis

Sophomore
Defender/Midfielder
Cedar Rapids, IA

2009 as a Freshman... Saw first action in win over Montana... recorded first career assist against Loyola-Chicago when she found Keli McLaughlin from the 18-yard box... scored first career goal against Wisconsin-Milwaukee on a header from the six-yard box... competed in 17 games... letterwinner

High School... Part of a Kennedy (H.S.) team that won three-straight conference championships from 2006-08... team captain as a junior... two-time first team all-metro, all-conference selection... named first team all-state as a junior and to the second team as a sophomore... named to all-tournament team as a junior... played club soccer for Ankeny Soccer Club for two years... high school coach is Homer Screws... club soccer coach is Daryl Brazeau... high school teammate of freshmen Jade Grimm and Rachel Spellerberg.

Personal... Born August 30, 1990... parents are Norman and Stephanie Lewis... open major... four-year Honor Roll recipient.

LEWIS' CAREER STATISTICS

Year	GP/GS	SH	G	A	PTS
2009	17/0	5	1	1	3

GETTING TO KNOW KATHERINE

Nickname: Kat

Favorite Soccer Player: Fernando Torres or Cristiano Ronaldo

Favorite Food: Pasta salad

Favorite Movie: *Without Limits*

Favorite TV Show: *Friends*

Favorite Musical Artists: Black Eyed Peas, Rihanna, Chris Brown, Michael Buble

Favorite Vacation Spot: Cancun

Favorite Book: *The Lovely Bones*

Hobbies: Movies, Reading, Music

I Am Most Thankful For...: My parents support and love.

WHY IOWA?

Iowa is a great school to succeed and further my future. The atmosphere is great and the team seems very close.





IOWA WOMEN'S SOCCER



Allie Adam

Sophomore
Midfielder
Omaha, NE/Loyola-Chicago

Before Iowa... Played in 20 of 22 matches at Loyola-Chicago as a freshman... recorded five starts.

High School... Named the 2009 Gatorade Player of the Year in Nebraska... three-time first team all-state selection... captain of Millard West High School team that earned state titles in 2007 and 2009... team captain in 2008 and 2009... NSAA Academic all-State honoree in 2009... scored 19 career goals and recorded 42 career assists... played for the Nebraska ODP team from 2004-07... also helped Elkhorn Inferno Club Team to a Midwest Regional League Championship in 2007.

Personal... Born July 4, 1990... Daughter of David and Lori Adam... Integrated Physiology Major.

GETTING TO KNOW ALLIE

Nickname: Allie

Favorite Soccer Player: Kristine Lilly

Favorite Soccer Team: 1999 U.S Women's World Cup team, I am pretty sure I had flashcards of each player and would memorize every detail down to their height and weight.

Favorite Food: Lobster, Crab, or anything from the ocean

Favorite Movie: *A Few Good Men*

Favorite TV Show: *So You Think You Can Dance*

Favorite Musical Artists: John Mayer, Jack Johnson, Colbie Caillat, Jason Mraz, Guster

Favorite Vacation Spot: Cancun, Mexico or Marco Island

Favorite Book: Anything by Jodi Picoult

Hobbies: Crafts, Large puzzles and watching marathons of *One Tree Hill* and *Sex in the City*.

Surprising Fact: I once fell off a ski lift.

I Am Most Thankful For...: My family, friends and dos Tia.

WHY IOWA?

I chose Iowa because it is a program I know I can be proud of and a school I know I can love.

#4



Ashley Catrell

Freshman
Forward
Overland Park, KS

High School... Member of the 2009 and 2010 Kansas 6A state champion team from Blue Valley West high school... named the 2010 Kansas Gatorade Player of the Year and NSCAA Kansas all-America honors... East Kansas League Offensive Player of the Year in 2010... four time all-conference, and three time all-state honors... holds three school records, including most goals in a single season (31), most assists in a career (50) and most goals in a career (93)... was also a scholar athlete in 2007, 2008, and 2009... Member of Future Educators of America.

Personal... Born March 10, 1992... Daughter of Ron and Ragene Catrell... has a sister, Rachel... Elementary Education major... attended Blue Valley West High School and was coached by Alex Aiman.

GETTING TO KNOW ASHLEY

Nickname: AshCat

Favorite Soccer Player: Cristiano Ronaldo

Favorite Soccer Team: Real Madrid

Favorite Food: Pizza

Favorite Movie: *A Walk to Remember*

Favorite TV Show: *Friends*

Favorite Musical Artists: Carrie Underwood and any country singer

Favorite Vacation Spot: Puerto Vallarta, Mexico

Favorite Book: Twilight

Hobbies: Hanging out with friends and watching movies.

Surprising Fact: I had to be forced to play sports when I was younger.

I Am Most Thankful For...: My family and friends.

WHY IOWA?

I loved the campus and the coaches. I have always wanted to play in the Big Ten and my whole family lives in the Big Ten area.

#8



IOWA WOMEN'S SOCCER



Leah DeMoss

Freshman
Midfielder/Forward
St. Charles, IL

High School... Three-time all-Upstate Eight Conference selection... two-time all-State selection... named the St. Charles North girl's soccer MVP... named the team captain for her senior

campaign... Named to the *Daily Herald* all-Area team three times... *Daily Herald* and *Kane County Chronical* Player of the Year following her senior season... member of the St. Charles High School team that earned third place in the 2010 Illinois Girl's State Soccer Tournament... holds school record for most goals and most assists in a season.

Personal... Daughter of Gary and Laurelyn DeMoss... father played basketball at Miami of Ohio... grandfather, Bob DeMoss was a former Purdue football coach... brother Jon plays basketball at Wheaton College... attended St. Charles North High School and was coached by Ruth Vostal.

GETTING TO KNOW LEAH

Nickname: Peah

Favorite Soccer Player: Cristiano Ronaldo

Favorite Soccer Team: Spain

Favorite Food: California Pizza Kitchen

Favorite TV Show: *Cake Boss*

Favorite Musical Artists: Dave Matthews Band, John Mayer, Rascal Flatts, and The Fray

Favorite Vacation Spot: Michigan

Favorite Book: *Breaking Dawn*

Hobbies: Hanging out with friends, jet skiing, and drawing

Surprising Fact: I have never broken a bone.

I Am Most Thankful For...: My family and friends.

WHY IOWA?

I picked Iowa because my grandpa used to be a head football coach of a Big Ten school, I grew up bleeding the Big Ten. It just felt right when I was on the campus and I love the colors!



Alex Melin

Freshman
Defender/Midfielder
Verona, WI

High School... Named the Verona High School soccer team's most valuable attacker three times... first ever Verona High School player to be named team captain three consecutive

years... two time all-state team... part of a Verona High School team that won the 2010 Girl's State Soccer Championships, the first state championship in the school's history for any sport... named the Wisconsin Girl's Gatorade Player of the Year... voted the Player of the Year by the Wisconsin Coaches Association... Played for the Madison 76's club team from 2002-09... was a three-year letterwinner on the VHS basketball team that advanced to the state tournament twice... Member of the National Honor Society.

Personal... Born February 18, 1992... Daughter of Tim and Liz Melin... has two sisters, Claire and Kate... attended Verona Area High School and was coached by Matt Heilman.

GETTING TO KNOW ALEX

Nickname: Alex

Favorite Soccer Player: Lionel Messi

Favorite Soccer Team: Newcastle

Favorite Food: Peanut Butter and Jelly Sandwiches

Favorite Movie: *Remember the Titans*

Favorite TV Show: *Desperate Housewives*

Favorite Musical Artists: Brad Paisley and Keith Urban

Favorite Vacation Spot: Alabama

Favorite Book: *Harry Potter*... hands down.

Hobbies: Being Outdoors, Reading, Cards

Surprising Fact: My friends and I play euchre almost everyday.

I Am Most Thankful For...: My family for all of their support!

WHY IOWA?

I love the atmosphere and people I met at Iowa. The college is big, but they make you feel welcome.



IOWA WOMEN'S SOCCER



Katie Nasenbenny

Freshman
Defender/Midfielder
Verona, WI

High School... Three time all-conference, all-state, all-area and all-sectional team... two time team MVP during her junior and senior seasons... named to the Chicago Red Stars all-

State all-Academic team... member of the Lyons Township team that secured three straight regional championships... 2A Illinois State Quarterfinalists in 2007... captain of Present Windy City Pride Soccer Club that won the U.S. Club Regional title in 2008... Honor Roll, National Honor Society and Spanish National Honor Society... Illinois State Scholar and J. Kyle Leadership Award recipient... co-Founder of the Celiac Attack charity soccer tournament... volunteered for the IYSA Inner City Program and as an elementary school tutor.

Personal... Born March 27, 1992... Daughter of Dane and Mary Nasenbenny... father was a wrestler at Purdue... has a sister, Grace... attended Lyons Township High School and was coached by Bill Lanspeary.

GETTING TO KNOW KATIE

Nickname: Nase, Benny, Kato

Favorite Soccer Player: Mesut Ozil and Kaka

Favorite Soccer Team: AC Milan

Favorite Food: Steak

Favorite Movie: *Slumdog Millionaire*

Favorite TV Show: *SportsCenter, The Amazing Race*

Favorite Musical Artists: Boston, Passion Pit, The Stone Temple Pilots, John Mayer, the Dave Matthews Band

Favorite Vacation Spot: Sarasota, Florida

Favorite Book: All seven of the Harry Potter books

Hobbies: Reading, listening to music, working out, hanging with friends

Surprising Fact: I cried on my 11th birthday when I didn't get a letter from Hogwarts.

I Am Most Thankful For...: My family and friends.

WHY IOWA?

I chose Iowa because it is a great academic school with so many different options for every student. I love the campus, school spirit and unity. And, of course, I really LOVE the soccer program!



Alex Strang

Freshman
Forward/Defender
Iowa City, IA

High School... Four year member of the Iowa City West High soccer team... Named to the East/West All Star Team... three-time all-conference team selection... 2010 Missouri Valley Conference Player of the Year... eight year member of the Iowa City Storm... named Most Dedicated Player in 2008... Junior Player of the Year in 2005... started every game of her career... scored 50 career goals... Member of Business Professionals of America.

Personal... Born December 31, 1991... Daughter of Mitchel and Kim Strang... brother, Ryan, ran track at Iowa... attended Iowa City City High School and was coached by Dave Rosenthal.

GETTING TO KNOW ALEX

Nickname: Strang

Favorite Soccer Player: Fernando Torres

Favorite Soccer Team: Real Madrid

Favorite Food: Pasta

Favorite Movie: *Avatar*

Favorite TV Show: *One Tree Hill*

Favorite Musical Artists: Brad Paisley and Rihanna

Favorite Vacation Spot: Mexico

Favorite Book: *Twilight*

Hobbies: Listening to music, boating, shopping and camping

I Am Most Thankful For...: My family, friends and all of the opportunities I have been given.

WHY IOWA?

I have always lived in Iowa City and have been a huge Hawkeye fan. I couldn't see myself going anywhere else!



Meet The Hawkeyes

IOWA WOMEN'S SOCCER



Jess Yagla

Freshman

Forward

Iowa City, IA

High School... Member of the Iowa City High soccer team... team leader in assists during her freshman campaign... team leader in goals during her sophomore year... three-time all-Missouri Valley Conference selection... two-time team MVP... team captain during her junior year... Iowa City High Offensive Player of the Year... Iowa City *Press-Citizen's* girl's soccer Player of the Year... honorable Mention all-State team... two-time cross country letterwinner... led cross country team to state championship in 2006, along with a berth in the Nike Team Nationals... letterwinner in track... member of the 4x800 relay State Champion team... named to the Elite all-State team... was a member of the National Honor Society and participated in Younglife.

Personal... Born January 20, 1992... daughter of Steve and Diane Yagla... Family has been active in Hawkeye athletics starting with her father and three uncles, Chuck Yagla, Don Huff and Tom Huff, who all competed on the Iowa wrestling team and continuing to her sister, Susan, who was a former Iowa soccer player... attended Iowa City High School and was coached by Tessa Vitense.

GETTING TO KNOW JESS

Nickname: Yags

Favorite Soccer Player: Zinedine Zidane and Jesus Navas

Favorite Soccer Team: Real Madrid

Favorite Food: Ice Cream

Favorite Movie: *Talladega Nights*

Favorite TV Show: *The Cosby Show*

Favorite Musical Artists: Jack Johnson

Favorite Vacation Spot: The beach

Favorite Book: Holes

Hobbies: Baking

Surprising Fact: I have bunyons.

I Am Most Thankful For...: My family and friends.

WHY IOWA?

I am from a Hawkeye family and I have always wanted to go here. I love the coaches and the team is so welcoming.

#23



IOWA WOMEN'S SOCCER





IOWA WOMEN'S SOCCER

DePaul

August 20 -- 7 p.m.

Iowa City, IA

Location: _____ Chicago, IL
 Nickname: _____ Blue Demons
 Home Complex: _____ Wish Field
 Conference: _____ Big East
 Head Coach: _____ Erin Chastain
 Web Address: _____ www.depaulbluedemons.com
 Series: _____ 3-0-0

Northern Illinois

August 27 -- 7 p.m.

Iowa City, IA

Location: _____ DeKalb, IL
 Nickname: _____ Huskies
 Home Complex: _____ Northern Illinois Track and Soccer Complex
 Conference: _____ MAC
 Head Coach: _____ Carrie Barker
 Web Address: _____ www.niuhuskies.com
 Series: _____ 3-1-1

Central Michigan

August 29 -- 1:30 p.m.

Iowa City, IA

Location: _____ Mount Pleasant, MI
 Nickname: _____ Chippewas
 Home Complex: _____ CMU Soccer Complex
 Conference: _____ MAC
 Head Coach: _____ Tom Anagnost
 Web Address: _____ www.cmuchippewas.com
 Series: _____ First Meeting

Loyola-Chicago

September 3 -- 7 p.m.

Chicago, IL

Location: _____ Chicago, IL
 Nickname: _____ Ramblers
 Home Complex: _____ Loyola Soccer Park
 Conference: _____ Horizon League
 Head Coach: _____ Frank Mateus
 Web Address: _____ www.loyolaramblers.com
 Series: _____ 1-1-1

Northern Iowa

September 5 -- 2 p.m.

Cedar Falls, IA

Location: _____ Cedar Falls, IA
 Nickname: _____ Panthers
 Home Complex: _____ Premier Soccer Field
 Conference: _____ Missouri Valley
 Head Coach: _____ James Price
 Web Address: _____ www.unipanthers.com
 Series: _____ 7-0-0

College of Charleston

September 10 -- 7:30 p.m.

Charleston, SC

Location: _____ Charleston, SC
 Nickname: _____ Cougars
 Home Complex: _____ Patriots Point Athletics Complex
 Conference: _____ Southern Conference
 Head Coach: _____ Kevin Dempsey
 Web Address: _____ www.cofcsports.com
 Series: _____ First Meeting

Davidson

September 12 -- 12 p.m.

Charleston, SC

Location: _____ Davidson, NC
 Nickname: _____ Wildcats
 Home Complex: _____ Alumni Soccer Complex
 Conference: _____ Southern Conference
 Head Coach: _____ Greg Ashton
 Web Address: _____ www.davidsonwildcats.com
 Series: _____ First Meeting

Iowa State

September 17 -- 6:30 p.m.

Ames, IA (*Hy-Vee Cy-Hawk Series*)

Location: _____ Ames, IA
 Nickname: _____ Cyclones
 Home Complex: _____ ISU Soccer Complex
 Conference: _____ Big 12
 Head Coach: _____ Wendy Dillinger
 Web Address: _____ www.cyclones.com
 Series: _____ 5-5-2

Nebraska

September 19 -- 1 p.m.

Lincoln, NE

Location: _____ Lincoln, NE
 Nickname: _____ Cornhuskers
 Home Complex: _____ Nebraska Soccer Field
 Conference: _____ Big 12
 Head Coach: _____ John Walker
 Web Address: _____ www.huskers.com
 Series: _____ 0-2-0

Minnesota

September 23 -- 7 p.m.

Iowa City, IA

Location: _____ Minneapolis, MN
 Nickname: _____ Golden Gophers
 Home Complex: _____ Elizabeth Lyle Robbie Stadium
 Conference: _____ Big Ten
 Head Coach: _____ Mikki Denney Wright
 Web Address: _____ www.gophersports.com
 Series: _____ 3-9-0

St. Louis University

September 26 -- 1 p.m.

Iowa City, IA

Location: _____ St. Louis University
 Nickname: _____ Billikens
 Home Complex: _____ Robert R. Hermann Stadium
 Conference: _____ Atlantic 10
 Head Coach: _____ Tim Champion
 Web Address: _____ www.slubillikens.com
 Series: _____ 1-2-0

Wisconsin

October 3 -- 1 p.m.

Madison, WI

Location: _____ Madison, WI
 Nickname: _____ Badgers
 Home Complex: _____ McClimmon Soccer Complex
 Conference: _____ Big Ten
 Head Coach: _____ Paula Wilkins
 Web Address: _____ www.uwbadgers.com
 Series: _____ 3-8-2

Ohio State

October 8 -- 7 p.m.

Iowa City, IA

Location: _____ Columbus, OH
 Nickname: _____ Buckeyes
 Home Complex: _____ Jesse Owens Memorial Stadium
 Conference: _____ Big Ten
 Head Coach: _____ Lori Walker
 Web Address: _____ www.ohiostatebuckeyes.com
 Series: _____ 4-8-1

Penn State

October 10 -- 1 p.m.

Iowa City, IA

Location: _____ University Park, PA
 Nickname: _____ Nittany Lions
 Home Complex: _____ Jeffrey Field
 Conference: _____ Big Ten
 Head Coach: _____ Erica Walsh
 Web Address: _____ www.gopsusports.com
 Series: _____ 0-15-0

Illinois

October 16 -- 7 p.m.

Champaign, IL

Location: _____ Champaign, IL
 Nickname: _____ Fighting Illini
 Home Complex: _____ Illinois Soccer & Track Stadium
 Conference: _____ Big Ten
 Head Coach: _____ Janet Rayfield
 Web Address: _____ www.fightingillini.com
 Series: _____ 5-10-0

Northwestern

October 21 -- 7 p.m.

Evanston, IL

Location: _____ Evanston, IL
 Nickname: _____ Wildcats
 Home Complex: _____ Lakeside Field
 Conference: _____ Big Ten
 Head Coach: _____ Stephanie Erickson
 Web Address: _____ www.nusports.com
 Series: _____ 3-9-1

Indiana

October 24 -- 2 p.m.

Iowa City, IA

Location: _____ Bloomington, IN
 Nickname: _____ Hoosiers
 Home Complex: _____ Yeagley Field at Armstrong Stadium
 Conference: _____ Big Ten
 Head Coach: _____ Mick Lyon
 Web Address: _____ www.iuhoosiers.com
 Series: _____ 6-7-0

Michigan

October 29 -- 6 p.m.

Ann Arbor, MI

Location: _____ Ann Arbor, MI
 Nickname: _____ Wolverines
 Home Complex: _____ U-M Soccer Complex
 Conference: _____ Big Ten
 Head Coach: _____ Greg Ryan
 Web Address: _____ www.mgoblue.com
 Series: _____ 2-11-1



IOWA WOMEN'S SOCCER

Michigan State

October 31 -- 11 a.m.

East Lansing, MI

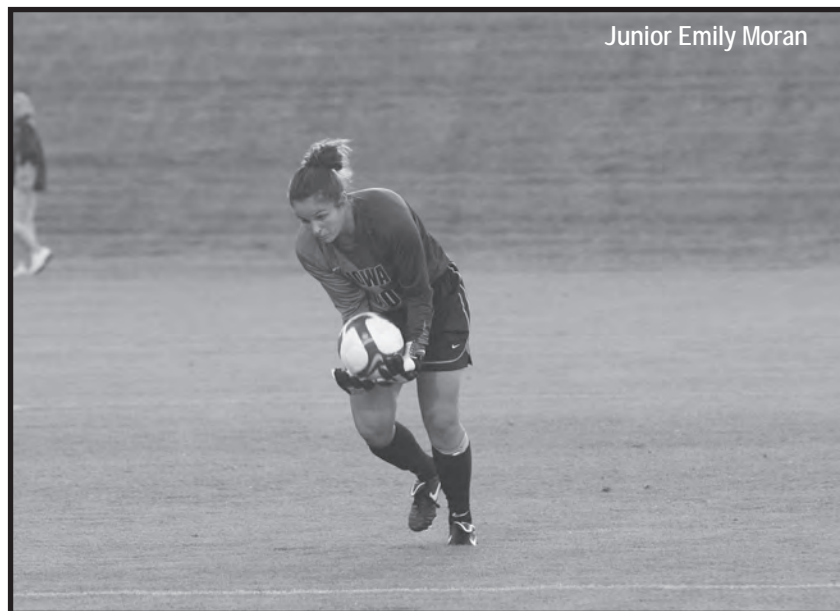
Location: _____ East Lansing, MI
 Nickname: _____ Spartans
 Home Complex: _____ DeMartin Stadium
 Conference: _____ Big Ten
 Head Coach: _____ Tom Saxton
 Web Address: _____ www.msuspartans.com
 Series: _____ 3-9-1

Purdue

November 6 -- 7 p.m. (CT)

Iowa City, IA

Location: _____ West Lafayette, IN
 Nickname: _____ Boilermakers
 Home Complex: _____ Varsity Soccer Complex
 Conference: _____ Big Ten
 Head Coach: _____ Robert Klatte
 Web Address: _____ www.purduesports.com
 Series: _____ 3-6-2



Junior Emily Moran

Iowa Series History

TEAM	W-L-T	LAST
Air Force	1-1-0	2005
Baylor	1-1-0	2004
Boston College	0-1-0	2002
Brigham Young	1-0-0	2003
Colorado College	0-2-0	2005
Cornell College	1-0-0	1997
Creighton	5-1-0	2008
Dartmouth	1-1-0	2006
DePaul	3-0-0	1999
Drake	5-1-0	2009
Eastern Michigan	1-0-0	2006
Furman	0-1-0	1999
Georgia State	0-1-0	1997
Grinnell	1-0-0	1998
Kansas	1-1-0	1998
Idaho	1-0-0	2002
Illinois	5-10-0	2009
Illinois State	1-1-0	2002
Indiana	6-7-0	2009
Iowa State	5-5-2	2009
Kent State	1-0-0	1997
Loyola-Chicago	1-1-1	2009
Marquette	0-1-0	2001
Miami (FL)	0-1-0	1998
Michigan	2-11-1	2009
Michigan State	3-9-1	2009
Minnesota	3-9-0	2009
Missouri	0-8-0	2009
Missouri State	0-1-1	2005
Montana	1-0-0	2009

Teams in **BOLD** are 2010 opponents

TEAM	W-L-T	LAST
Navy	0-0-1	2007
Nebraska	0-2-0	2006
New Mexico	0-1-0	2009
UNLV	1-0-0	2000
North Dakota State	1-0-0	2008
Northern Arizona	1-0-0	2009
Northern Colorado	1-0-0	2006
Northern Illinois	3-1-1	2007
Northern Iowa	7-0-0	2009
Northwestern	3-9-1	2009
Ohio State	4-8-1	2009
Oklahoma	0-1-0	2005
Oklahoma State	0-0-1	2005
Penn State	0-15-0	2009
Pepperdine	0-1-0	2008
Purdue	3-6-2	2009
Rutgers	1-0-0	2003
Saint Louis	1-2-0	2001
San Diego	0-1-0	2008
SE Missouri State	0-1-0	2005
South Carolina	1-0-0	2006
South Dakota State	2-1-0	2009
Southern Louisiana	1-0-0	1997
Tulane	2-0-0	1998
Utah State	2-0-0	2000
UW-Green Bay	4-1-0	2004
Valparaiso	1-0-0	1999
Wake Forest	1-0-0	2000
Western Illinois	2-0-0	2008
Wisconsin	3-8-2	2009
Wis.-Milwaukee	2-3-1	2009
Wofford	1-0-0	1999
TOTAL	98-133-17	

Record Breakdown

Category	W-L-T
Overall	98-133-17
Big Ten	34-71-11
Non-Conference	59-48-9
Big Ten Tournament	0-5-0
Home	55-50-2
Away	34-63-4
Neutral	9-11-1
Tournament Games	6-11-0
Day Games	67-87-11
Night Games	29-44-3
Sunday	40-64-8
Monday	1-0-0
Tuesday	3-0-1
Wednesday	2-1-0
Thursday	7-6-0
Friday	41-57-11
Saturday	4-3-0
Decided by One Goal	46-62
vs. Ranked Teams	6-25-3
Overtime Games	9-17-1



IOWA WOMEN'S SOCCER

1997

Head Coach - Stephanie Gabbert
8-11-0, 2-7-0 Big Ten

Aug. 30	Northern Illinois	W, 3-2
Sept. 2	DePaul	W, 1-0
Sept. 5	*Kent State	W, 8-0
Sept. 7	*Georgia State	L, 0-3
Sept. 14	at UW- Milwaukee	L, 0-1
Sept. 19	Illinois	W, 2-0
Sept. 21	Iowa State	L, 1-3
Sept. 26	#24 Penn State	L, 0-2
Sept. 28	at Minnesota	L, 0-6
Oct. 3	Indiana	W, 3-0
Oct. 5	at Ohio State	L, 0-3
Oct. 10	at Northwestern	L, 1-4
Oct. 12	Wisconsin	L, 0-2
Oct. 17	at Michigan State	L, 2-3
Oct. 19	#12 Michigan	L, 0-4
Oct. 23	Cornell College	W, 7-0
Oct. 26	at Kansas	L, 2-3 (OT)
Oct. 31	at Tulane	W, 1-0
Nov. 2	^Southern Louisiana	W, 4-1

* - N. Illinois Fall Tournament (DeKalb, IL)

^ - at Tulane (New Orleans, LA)

2000

Head Coach - Wendy Logan
11-9-0, 5-5-0 Big Ten

Aug. 25	at UW-Green Bay	W, 5-1
Aug. 27	at Northern Illinois	W, 3-0
Sept. 2	at UNLV	W, 3-0
Sept. 4	at Utah State	W, 2-1
Sept. 8	at Iowa State	L, 0-2
Sept. 10	St. Louis	W, 2-1 (OT)
Sept. 15	at Minnesota	L, 1-5
Sept. 17	at Wisconsin	W, 2-1
Sept. 22	Michigan State	L, 1-2 (OT)
Sept. 24	at # 20 Wake Forest	W, 2-1
Sept. 29	Michigan	L, 2-3 (2OT)
Oct. 1	Northwestern	W, 2-1
Oct. 6	at Ohio State	L, 1-2
Oct. 8	at Penn State	L, 1-3
Oct. 13	Indiana	W, 1-0
Oct. 15	Purdue	W, 7-1
Oct. 20	Illinois	W, 5-1
Oct. 27	at Colorado College	L, 0-4
Oct. 29	at Air Force Academy	L, 2-3
Nov. 2	*Michigan	L, 0-2

* - Big Ten Tournament (Champaign, IL)

1998

Head Coach - Stephanie Gabbert
6-10-2, 1-7-1 Big Ten

Sept. 4	Tulane	W, 2-0
Sept. 6	at DePaul	W, 3-0
Sept. 11	Kansas	W, 5-1
Sept. 13	Western Illinois	W, 7-0
Sept. 15	Iowa State	T, 1-1
Sept. 18	Minnesota	L, 0-3
Sept. 20	Grinnell	W, 8-0
Sept. 25	#11 Northwestern	L, 0-1
Sept. 27	Wisconsin	L, 0-3
Oct. 2	at #24 Michigan	L, 1-3
Oct. 4	at Michigan State	T, 0-0
Oct. 9	Ohio State	W, 3-0
Oct. 11	#6 Penn State	L, 0-3
Oct. 16	at Illinois	L, 0-5
Oct. 18	#17 Indiana	L, 0-1
Oct. 23	UW-Milwaukee	L, 1-2 (2OT)
Oct. 25	at Northern Illinois	L, 2-3 (2 OT)
Oct. 31	at Miami (FL)	L, 1-2

1999

Head Coach - Stephanie Gabbert
13-7-0, 7-3-0 Big Ten

Aug. 27	at Saint Louis	L, 3-5
Sept. 1	UW-Green Bay	W, 7-0
Sept. 5	Utah State	W, 4-2
Sept. 10	DePaul	W, 2-1
Sept. 12	at Iowa State	L, 1-2 (2OT)
Sept. 17	#12 Wisconsin	W, 4-1
Sept. 19	Minnesota	L, 1-2 (2OT)
Sept. 24	at Valparaiso	W, 2-0
Sept. 26	at Michigan	L, 0-2
Oct. 1	at Northwestern	W, 3-1
Oct. 3	at Michigan State	W, 1-0
Oct. 8	#5 Penn State	L, 2-3 (OT)
Oct. 10	Ohio State	W, 2-0
Oct. 15	at Purdue	W, 6-3
Oct. 17	at Indiana	W, 1-0
Oct. 23	at Illinois	W, 2-0
Oct. 25	Northern Illinois	W, 2-0
Oct. 29	at Furman	L, 0-1
Oct. 31	at Wofford	W, 6-1
Nov. 5	*Illinois	L, 0-2

* - Big Ten Tournament (Bloomington, IN)

2001

Head Coach - Wendy Logan
8-10-1, 4-5-1 Big Ten

Aug. 31	^UW-Milwaukee	W, 1-0
Sept. 2	^Marquette	L, 1-2
Sept. 7	at Missouri	L, 0-2
Sept. 9	Illinois State	L, 2-3
Sept. 16	at St. Louis	L, 0-2
Sept. 21	Michigan State	W, 1-0
Sept. 23	Michigan	L, 0-1
Sept. 27	Iowa State	W, 1-0
Sept. 30	at Minnesota	W, 1-0
Oct. 5	at Wisconsin	L, 1-3
Oct. 7	at Northwestern	W, 1-0
Oct. 12	Penn State	L, 1-3
Oct. 14	Ohio State	L, 1-3
Oct. 19	at Purdue	T, 1-1 (2OT)
Oct. 21	at Indiana	W, 3-2
Oct. 26	at Illinois	L, 1-4
Oct. 28	UW-Green Bay	W, 6-2
Nov. 1	Creighton	W, 4-1
Nov. 9	*Illinois	L, 1-4

^ - Verizon Wireless Invitational (Milwaukee, WI)

* - Big Ten Tournament (Champaign, IL)

2002

Head Coach - Carla Baker
11-7-1, 3-6-1 Big Ten

Aug. 30	at UW-Green Bay	W, 3-0
Sept. 1	Northern Iowa	W, 1-0
Sept. 6	at #13 Dartmouth	W, 3-1
Sept. 8	at Boston College	L, 1-2
Sept. 13	Idaho	W, 2-1 (OT)
Sept. 20	at #11 Michigan	L, 1-2
Sept. 22	at Michigan State	L, 0-4
Sept. 27	Northwestern	L, 0-1
Sept. 29	at Illinois State	W, 1-0
Oct. 4	Minnesota	W, 1-0
Oct. 6	Wisconsin	T, 1-1 (2 OT)
Oct. 11	at Ohio State	W, 3-1
Oct. 13	at #13 Penn State	L, 2-4
Oct. 18	Indiana	L, 1-3
Oct. 20	#16 Purdue	L, 1-2
Oct. 25	Illinois	W, 2-0
Oct. 27	Baylor	W, 1-0 (OT)
Oct. 31	at Creighton	W, 1-0
Nov. 3	at Iowa State	W, 3-1



IOWA WOMEN'S SOCCER

2003

Head Coach - Carla Baker
4-12-2, 0-8-2 Big Ten

Aug. 29	Missouri	L, 0-3
Aug. 31	at Nebraska	L, 0-3
Sep. 5	Drake	W, 4-0
Sep. 7	at Creighton	L, 1-2
Sep. 12	Rutgers	W, 2-1
Sep. 13	BYU	W, 3-2 (OT)
Sep. 19	at Ohio State	T, 1-1 (2OT)
Sep. 21	at Penn State	L, 0-4
Sep. 26	Illinois	L, 0-2
Sep. 28	Northwestern	L, 1-3
Oct. 3	Indiana	L, 0-1
Oct. 5	#21 Purdue	L, 1-4
Oct. 10	Wisconsin	L, 1-2
Oct. 12	at Minnesota	T, 2-2 (2OT)
Oct. 17	at Michigan	L, 0-1
Oct. 19	at Michigan State	L, 0-4
Oct. 24	Wisconsin-Milwaukee	L, 1-3
Oct. 31	Northern Iowa	W, 4-0

2006

Head Coach - Ron Rainey
6-11-2, 1-8-1 Big Ten

Aug. 25	at Missouri*	L, 0-2
Aug. 27	vs. South Carolina*	W, 1-0
Sep. 3	at Nebraska	L, 0-1
Sep. 8	at Loyola	T, 1-1 (2OT)
Sep. 10	Eastern Michigan	W, 2-1
Sep. 12	at Iowa State	W, 1-0
Sep. 15	vs. Northern Colorado	W, 3-0
Sep. 17	vs. Dartmouth	L, 0-5
Sep. 22	at Northwestern	L, 0-1
Sep. 24	at Wisconsin	L, 0-1
Sep. 29	#10 Penn State	L, 0-3
Oct. 1	at Drake	W, 1-0
Oct. 6	Ohio State	L, 0-2
Oct. 8	Minnesota	L, 0-1 (OT)
Oct. 13	at Michigan	L, 1-2
Oct. 15	at Michigan State	L, 0-1
Oct. 20	#21 Indiana	W, 1-0
Oct. 22	#17 Purdue	T, 0-0 (2OT)
Oct. 27	Illinois	L, 0-1

* - Nike Tiger Invitational (Columbia, MO)

2004

Head Coach - Carla Baker
2-14-2, 0-9-1 Big Ten

Sep. 3	vs. Baylor*	L, 1-2
Sep. 5	vs. Missouri*	L, 0-1
Sep. 10	at Drake	L, 0-1
Sep. 12	UW-Green Bay	T, 1-1 (2OT)
Sep. 17	at Purdue	L, 0-1
Sep. 19	at Indiana	L, 0-1
Sep. 24	Michigan State	T, 1-1 (2OT)
Sep. 26	#16 Michigan	L, 0-4
Oct. 1	at Northwestern	L, 0-6
Oct. 3	at Illinois	L, 2-3
Oct. 8	at Loyola-Chicago	L, 0-1
Oct. 10	at Wisconsin	L, 0-2
Oct. 15	#3 Penn State	L, 0-8
Oct. 17	Ohio State	L, 1-4
Oct. 22	Minnesota	L, 0-1
Oct. 24	Creighton	W, 3-1
Oct. 28	at Northern Iowa	W, 3-1
Oct. 31	at Iowa State	L, 1-6

* - Nike Tiger Invitational (Columbia, MO)

2007

Head Coach - Ron Rainey
8-8-4, 4-6-0 Big Ten

Aug. 31	vs. Navy^	T, 1-1 (2OT)
Sept. 2	at Northern Illinois^	T, 0-0 (2OT)
Sept. 7	#23 Missouri	L, 0-2
Sept. 9	Iowa State	T, 0-0 (2OT)
Sept. 14	Drake	W, 1-0
Sept. 18	Northern Iowa	W, 4-0
Sept. 21	at Creighton	W, 1-0
Sept. 23	at South Dakota State	W, 3-2
Sept. 28	Michigan State	W, 1-0
Sept. 30	Michigan	W, 2-1
Oct. 5	at UW-Milwaukee	T, 0-0 (2OT)
Oct. 7	at Illinois	L, 0-6
Oct. 12	at #8 Purdue	L, 1-2 (OT)
Oct. 14	at Indiana	L, 0-1 (OT)
Oct. 19	#8 Penn State	L, 0-1
Oct. 21	Ohio State	W, 1-0 (OT)
Oct. 26	at Wisconsin	L, 0-2
Oct. 28	at Northwestern	L, 0-3
Nov. 2	at Minnesota	W, 1-0
Nov. 8	#6 Penn State*	L, 1-3

^ - Northern Illinois Tournament (DeKalb, IL)

* - Big Ten Tournament (Minneapolis, MN)

2005

Head Coach - Carla Baker
3-12-4, 1-7-2 Big Ten

Aug. 26	at Colorado College	L, 0-1
Aug. 28	at Air Force	W, 3-2 (OT)
Sep. 2	Oklahoma State	T, 1-1 (2OT)
Sep. 4	Oklahoma	L, 0-2
Sep. 7	Iowa State	L, 1-2
Sep. 11	Missouri	L, 0-5
Sep. 16	at Missouri State	T, 1-1 (2OT)
Sep. 18	at SE Missouri State	L, 1-2
Sep. 23	#16 Wisconsin	T, 2-2 (2OT)
Sep. 25	#25 Northwestern	T, 2-2 (2OT)
Sep. 29	at Northern Iowa	W, 5-2
Oct. 2	at Ohio State	L, 0-3
Oct. 7	at Minnesota	L, 0-1
Oct. 9	at #1 Penn State	L, 0-8
Oct. 14	Michigan State	L, 1-4
Oct. 16	Michigan	L, 1-4
Oct. 21	at #20 Purdue	W, 2-1 (2OT)
Oct. 23	at Indiana	L, 2-3 (OT)
Oct. 28	at Illinois	L, 1-4

2008

Head Coach - Ron Rainey
9-11-1, 3-6-1 Big Ten

Aug. 23	Drake	W, 4-0
Aug. 29	Western Illinois	W, 1-0
Aug. 31	South Dakota State	L, 1-2
Sept. 5	at Pepperdine^	L, 0-1 (OT)
Sept. 7	vs. San Diego^	L, 0-1
Sept. 12	at Northern Iowa	W, 2-0
Sept. 14	Creighton	W, 2-0
Sept. 19	at Missouri	L, 1-2
Sept. 21	at Iowa State	W, 3-2
Sept. 26	at Michigan	T, 0-0 (2OT)
Sept. 28	at Michigan State	L, 0-4
Oct. 3	Indiana	W, 1-0
Oct. 5	North Dakota State	W, 3-0
Oct. 10	#16 Illinois	W, 1-0
Oct. 12	Purdue	L, 1-2
Oct. 17	at Ohio State	L, 2-3
Oct. 19	at Penn State	L, 0-1 (OT)
Oct. 24	Northwestern	L, 2-3 (2OT)
Oct. 26	Wisconsin	W, 3-0
Oct. 31	#25 Minnesota	L, 0-1
Nov. 6	Penn State*	L, 0-1

^ - Nike Pepperdine Invitational (Malibu, CA)

* - Big Ten Tournament (Iowa City, IA)



IOWA WOMEN'S SOCCER

2009

Head Coach - Ron Rainey

9-11-0, 1-9-0 Big Ten

Aug. 21	Missouri	L, 3-2
Aug. 28	Montana	W, 2-0
Aug. 30	South Dakota State	W, 2-0
Sept. 4	vs. New Mexico^	L, 1-0
Sept. 6	at Northern Arizona^	W, 4-1
Sept. 11	Loyola-Chicago	W, 4-1
Sept. 13	UW-Milwaukee	W, 4-0
Sept. 18	Iowa State	W, 2-0
Sept. 20	Northern Iowa	W, 3-0
Sept. 24	at Minnesota*	L, 1-0
Sept. 30	at Drake	W, 1-0
Oct. 4	Wisconsin*	L, 1-0(2OT)
Oct. 9	at Ohio State*	L, 3-2
Oct. 11	at Penn State*	L, 4-0
Oct. 17	Illinois*	L, 3-1
Oct. 22	Northwestern*	L, 2-1(OT)
Oct. 25	at Indiana*	L, 2-0
Oct. 30	Michigan*	W, 2-1
Nov. 1	Michigan State*	L, 3-2 (OT)
Nov. 7	at Purdue*	L, 3-2 (OT)

^ - Northern Arizona Tournament (Flagstaff, AZ)

* - Big Ten Conference

Academic All-Big Ten

Jenna Aleo	2009
Julie Atkocaitis	2000-01
Lisa Audino	1999
Avery Bang	2003
Shelly Batra	1998-00
Lindsey Boldt	2005-07
Jody Bolluyt	1997
Erica Clausen	2007-09
Katie Clymer	2002
Katie Danaher	1999-00
Audra Dondlinger	1998
Kali Feiereisel	2008-09
Kelsie Full	2005-07
Nicole Gatens	2001-03
Abby Gierke	2005-07
Claire Goldenberg	2004-07
Mandy Heimann	2008
Liz Hendel	2000-01
Chrissy Howard	1999-01
Stephanie Hyink	2008
Jenny Hyngstrom	1999
Jamie Jorgensen	2000-01
Jackie Kaeding	2006-09
Melisa Kaetterhenry	2004-07
Sarah Kiefer	1998-00
Laren Kriner	1999-00
Sarah Langlas	2009
Natalie Lencioni	2003-05
Kari Lundberg	1997
Sarah Lynch	2001
Stephanie Lynch	2000-01
Amanda Martin	2008-09
Lindsey May	2001
Kelsey McCarron	2007-09
Julia Meyer	1997
Michelle Mobily	1999-01
Kitty Montgomery	2003-04
Emily Moran	2009
Katie Mulvahill	2005-06
Jistine Oates	1999-00
Beth Oldenburg	1998-00
Katie Poole	2001-03
Lindsey Phillips	2004
Teesa Price	2003
Katelyn Quinn	2002-05
Amber Reed	1997
Alexandria Seydel	2007-09
Morgan Showalter	2009
Nicole Slevin	2007-09
Katie Smeltzer	2006, 2008
Jenna Sorensen	1997
Whitney Strain	2003-05
Jenny Sturm	1998-00
Stephanie Swanson	2008-09

Meredith Taylor	1999
Ellen Thompson	1998-00
Gabrielle Tinner	2009
Britta Voegel	2003-04
Margit Voegel	2004
Kirsten Wander	1997
Sabrina Wander	1999
Kate Walse	1998
Kim White	2009
Missy Wickart	1999-00
Heather Windsor	2008-09
Linzy Wolman	2000-01
Kristin Zoelle	2003

All-Big Ten First Team

Sarah Lynch	1999-01
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All-Big Ten Second Team

Jenna Aleo	2008
Julie Atkocaitis	2000
Katelyn Quinn	2003
Britta Voegel	2002
Kate Walse	2000

Big Ten All-Freshman Team

Jade Grimm	2009
Emily Moran	2008
Katelyn Quinn	2002
Morgan Showalter	2008
Kristin Zoelle	2002

Big Ten Freshman of the Week

Alysha Mottershead	2009
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Big Ten Offensive Player of the Week

Keli McLauhlin	2009
Alysha Mottershead	2009

Big Ten Defensive Player of the Week

Stephanie Swanson	2007
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Big Ten Coach of the Year

Stephanie Gabbert	1999
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Coaches Award

Sarah Keifer	2000
Kitty Montgomery	2003
Danielle Oswald	2003
Katie Poole	2001
Linzy Wolman	1999



IOWA WOMEN'S SOCCER

NSCAA/Adidas All-Regional Third Team

Sarah Lynch _____ 1999-01

Iowa Most Valuable Player Award

Jenna Aleo _____ **2008-09**

Julie Atkocaitis _____ 1999-01

Jennifer Hyngstrom _____ 1999

Kitty Montgomery _____ 2003

Katelyn Quinn _____ 2003

Kelsey Shaw _____ 2006

Sarah Stephenson _____ 2007

Whitney Strain _____ 2005

Britta Vogele _____ 2002-04

Kate Walse _____ 1997-00

Iowa Offensive Player of the Year Award

Jackie Kaeding _____ 2007

Sarah Lynch _____ 1999

Keli McLaughlin _____ **2008**

Lindsey Phillips _____ 2004

Katelyn Quinn _____ 2002-05

Kelsey Shaw _____ 2006-07

Morgan Showalter _____ **2009**

Iowa Defensive Player of the Year Award

Jenna Aleo _____ **2008**

Rachel Blakesley _____ **2009**

Claire Goldenberg _____ 2006

Jenny Hyngstrom _____ 1999

Katie Poole _____ 2002-03

Sarah Stephenson _____ 2005-07

Margit Vogele _____ 2004

Iowa Most Improved Player Award

Joni Anderson _____ 1999

Lisa Audino _____ 1997

Shelly Batra _____ 1998

Katie Clymer _____ 2002

Manon Engelhardt _____ 2005

Claire Goldenberg _____ 2004

Sarah Langlas _____ **2009**

Natalie Lencioni _____ 2003

Megan Love _____ 2004

Keli McLaughlin _____ **2007**

Teesa Price _____ 2001

Suzanne Rivers _____ 2000

Nicole Slevin _____ 2008

Whitney Strain _____ 2002

Heather Windsor _____ 2006

Iowa Most Inspirational Award

Julie Atkocaitis _____ 2002

Lindsey Boldt _____ 2004-05

Katie Danaher _____ 1998

Sarah Kiefer _____ 1997

Stephanie Lynch _____ 2001

Teesa Price _____ 2003

Meredith Taylor _____ 1999

Britta Vogele _____ 2004

Linzy Wolman _____ 2000

Freshman of the Year Award

Jenna Aleo _____ **2007**

Rachel Blakesley _____ **2008**

Jamie Maltman _____ 2004

Danielle Oswald _____ 2003

Kristin Zoelle _____ 2002

Scholar Athlete Award

Shelly Batra _____ 2000

Michelle Mobily _____ 2001

Alyscha Mottershead _____ 2009

Soccer Buzz, Freshman All-America

First Team

Sarah Lynch _____ 1999

Soccer Buzz, Freshman all-America

Honorable Mention

Katelyn Quinn _____ 2002

Soccer Buzz, All-Regional Second Team

Sarah Lynch _____ 1999-00

Soccer Buzz, All-Regional Third Team

Sarah Lynch _____ 2001

Katelyn Quinn _____ 2003

Kate Walse _____ 1999

Soccer Buzz, All-Freshman Regional Team

Julie Atkocaitis _____ 1999

Sarah Lynch _____ 1999

Katelyn Quinn _____ 2002

Kristin Zoelle _____ 2002

Soccer Buzz, All-National First Team for First-Year Programs

Gabe Mauren _____ 1997

Jenna Sorensen _____ 1997

Kate Walse _____ 1997

Soccer Buzz, All-National Second Team for First-Year Programs

Marcy Nelson _____ 1997

Beth Oldenburg _____ 1997

Soccer Buzz, Freshman All-America

Honorable Mention

Kate Walse _____ 1997

Soccer Buzz, Coach of the Year for First-Year

Programs

Stephanie Gabbert _____ 1997

Soccer Buzz, Best First-Year Program

Iowa 1997

Soccer Buzz, Great Lakes Region, Third Team

Defender

Claire Goldenberg _____ 2007

Soccer Buzz, Elite Team of the Week

Defender

Claire Goldenberg _____ 2006

NSCAA Team Academic Award

Iowa 1998, 1999, 2002, 2007



IOWA WOMEN'S SOCCER

Career Point Leaders

1. Sarah Lynch (1999-2002)	112
2. Kate Walse (1997-2000)	88
3. Linzy Wolman (1998-2001)	61
4. Katelyn Quinn (2002-05)	58
5. Beth Oldenburg (1997-2000)	46

Career Goal Leaders

1. Sarah Lynch (1999-2002)	46
2. Kate Walse (1997-2000)	36
3. Katelyn Quinn (2002-05)	25
4. Linzy Wolman (1998-2001)	21
5. Beth Oldenburg (1997-2000)	18

Career Assists Leaders

1. Sarah Lynch (1999-2002)	20
2. Linzy Wolman (1998-2001)	19
3. Julie Atkocaitis (1999-2002)	18
4. Kate Walse (1997-2000)	16
5. Morgan Showalter (2008-)	14

Career Game-Winning Goals

1. Sarah Lynch (1999-2002)	20
2. Katelyn Quinn (2002-05)	7
Beth Oldenburg (1997-2000)	7
Linzy Wolman (1998-2001)	7
Alyssa Cosnek (2008-)	7
4. Kate Walse (1997-2001)	6

Career Shots on Goal Leaders

1. Sarah Lynch (1999-2002)	279
2. Kate Walse (1997-2000)	213
3. Katelyn Quinn (2002-05)	187
4. Linzy Wolman (1998-2001)	115
5. Sarah Kiefer (1997-2000)	92

Career Saves

1. Britta Vogele (2001-04)	489
2. Gabe Mauren (1997-1998)	203
3. Liz Hendel (1999-2001)	185
4. Emily Moran (2008-)	164
5. Lindsey Boldt (2004-2007)	129

Career Victories

1. Britta Vogele (2001-04)	23
2. Gabe Mauren (1997-1998)	14
Liz Hendel (1999-2001)	14
Emily Moran (2008-)	14
4. Missy Wickart (1998-2000)	11
5. Lindsey Boldt (2004-2007)	10

Individual Points in a Match

1. Katelyn Quinn (10-31-03)	7
Beth Oldenburg (9-5-97)	7
2. Kate Walse (9-13-98)	6
Sarah Lynch (9-1-99)	6
Jenny Sturm (10-15-00)	6

Individual Goals in a Match

1. Katelyn Quinn (10-31-03)	3
Sarah Lynch (9-1-99)	3
Kate Walse (9-13-98)	3
Beth Oldenburg (9-5-97)	3
Jenny Sturm (10-15-00)	3
Sarah Lynch (10-20-00)	3

Individual Assists in a Match

1. Morgan Showalter (8-23-08)	3
Jenna Sorensen (9-5-97)	3
2. 19 other times...	2

Individual Shots on Goal in a Match

1. Sarah Lynch (9-10-99)	11
2. Katelyn Quinn (10-31-03)	10
Beth Oldenburg (10-23-97)	10
Nicolle Taylor (9-9-01)	10
4. Katelyn Quinn (9-5-03)	9
Sarah Lynch (8-31-01)	9
Sarah Lynch (9-1-99)	9
Kate Walse (9-6-98)	9
7. Katelyn Quinn (10-5-03)	8
Kate Walse (9-10-00)	8
Kate Walse (9-29-00)	8
Kate Walse (9-10-99)	8
Sarah Lynch (9-17-99)	8

Individual Saves in a Match

1. Britta Vogele (10-13-02)	15
Liz Hendel (9-10-00)	15
Britta Vogele (9-21-03)	15
3. Britta Vogele (10-6-02)	14
Britta Vogele (8-29-03)	14
4. Britta Vogele (10-25-02)	13
5. Gabe Mauren (9-14-97)	12
Britta Vogele (9-3-05)	12
Erin MacIsaac (10-21-05)	12
Erin MacIsaac (9-25-05)	12
6. Britta Vogele (10-11-02)	11
Britta Vogele (8-31-03)	11
Britta Vogele (9-13-03)	11
Britta Vogele (9-26-03)	11
Britta Vogele (10-3-05)	11
7. Liz Hendel (9-29-00, 11-2-00)	11
8. Gabe Mauren (9-18-98)	11
9. 13 other times...	10

Most Team Goals Scored

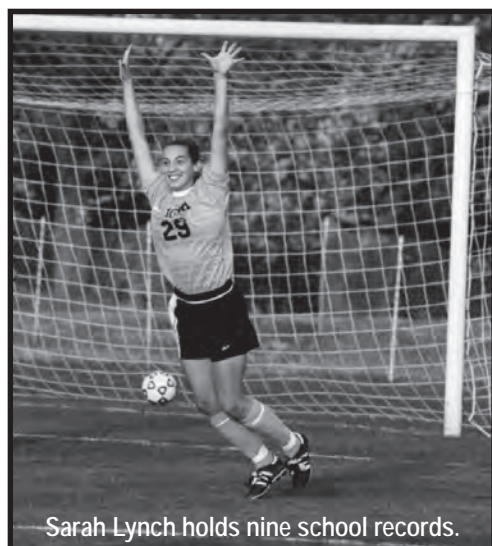
8 vs. Grinnell, Sept. 20, 1998
8 vs. Kent State, Sept. 5, 1997

Most Team Goals Allowed

8 vs. Penn State, Oct. 15, 2004
8 vs. Penn State, Oct. 9, 2005

Most Team Points Scored

25 vs. Grinnell, Sept. 20, 1998
25 vs. Kent State, Sept. 5, 1997



Sarah Lynch holds nine school records.



IOWA WOMEN'S SOCCER

Most Team Points Allowed

21 vs. Penn State, Oct. 9, 2005

Largest Margin of Victory

8 vs. Grinnell, Sept. 20, 1998

8 vs. Kent State, Sept. 5, 1997

Largest Margin of Defeat

8 vs. Penn State, Oct. 15, 2004

8 vs. Penn State, Oct. 9 2005

Season Individual Points

1. Sarah Lynch (1999)	36
2. Kate Walse (2000)	29
3. Sarah Lynch (2000)	28
4. Katelyn Quinn (2002)	27
Linzy Wolman (2000)	27
6. Sarah Lynch (2001)	24
Sarah Lynch (2002)	24
8. Katelyn Quinn (2003)	23
9. Beth Oldenburg (1997)	22
10. Kate Walse (1999)	21

Season Individual Goals

1. Sarah Lynch (1999)	15
2. Kate Walse (2000)	12
3. Katelyn Quinn (2003)	11
Katelyn Quinn (2002)	11
Sarah Lynch (2000)	11
6. Sarah Lynch (2001)	10
Sarah Lynch (2002)	10
8. Alyssa Cosnek (2008)	9
Keli McLaughlin (2009)	9
Kate Walse (1998)	9
Beth Oldenburg (1997)	9

Season Individual Assists

1. Morgan Showalter (2008)	9
Linzy Wolman (2000)	9
Sarah Kiefer (2000)	9
Julie Atkocaitis (1999)	9
5. Kate Walse (1999)	7
6. Sarah Lynch (2000)	6
Sarah Lynch (1999)	6
Jenna Sorensen (1997)	6

Season Individual Shots on Goal

1. Katelyn Quinn (2003)	76
2. Sarah Lynch (2001)	74
Sarah Lynch (2000)	74
4. Sarah Lynch (1999)	73
5. Kate Walse (2000)	69
6. Katelyn Quinn (2002)	63
7. Sarah Lynch (2002)	58
8. Kate Walse (1997)	52
9. Kate Walse (1999)	49
10. Beth Oldenburg (1997)	45

Season Individual Game-Winning Goals

1. Sarah Lynch (1999)	7
2. Sarah Lynch (2000)	6
Alyssa Cosnek (2008)	6
4. Katelyn Quinn (2002)	5
5. Sarah Lynch (2001)	4
6. Morgan Showalter (2009)	3
Stephanie Hyink (2007)	3
Linzy Wolman (1999)	3
Beth Oldenburg (1998)	3
Jenna Sorensen (1997)	3
Sarah Lynch (2002)	3

Season Individual Victories

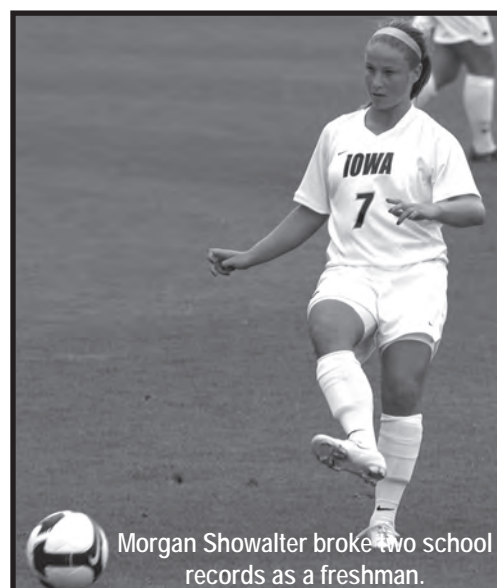
1. Britta Vogeles (2002)	11
Liz Hendel (2000)	11
Missy Wickart (1999)	11
3. Emily Moran (2009)	9
4. Gabe Mauren (1997)	8
5. Britta Vogeles (2001)	7

Season Individual Saves

1. Liz Hendel (2000)	146
2. Britta Vogeles (2003)	127
Britta Vogeles (2002)	127
3. Britta Vogeles (2005)	125
4. Britta Vogeles (2001)	110
5. Gabe Mauren (1997)	107
6. Gabe Mauren (1998)	96
7. Missy Wickart (1999)	94

Team Season Records

Most Victories:	13/1999
Most Home Victories:	7/2008, 2009
Most Road Victories:	7/1999
Most Defeats:	14/2003
Most Draws:	4/2005, 2007
Fewest Victories:	2/2004
Fewest Defeats:	7/1999, 2002
Fewest Draws	0/ 3x, last 2002
Most Games Played:	21, 2008
Fewest Games Played:	18/3x, last 2004
Longest Winning Streak:	6/2007
Longest Unbeaten Streak:	8/2007
Longest Losing Streak:	8/2004
Most Goals Scored:	49/1999
Fewest Goals Scored:	11/2006
Most Assists:	52/1999
Fewest Assists:	12/2004
Most Points:	150/1999
Fewest Points:	38/2004
Most Goals Allowed:	50/2005
Fewest Goals Allowed:	22/2006
Most Shutouts:	9/2007
Best Goals Scored Average:	2.579 1999 (49 goals)
Best Goals Scored Against Average:	1.13 2006 (22 goals against)



Morgan Showalter broke two school records as a freshman.



IOWA WOMEN'S SOCCER

2009 Overall Statistics

<u>No.</u>	<u>Player</u>	<u>GP</u>	<u>GS</u>	<u>Goals</u>	<u>Assists</u>	<u>Points</u>	<u>Shots</u>	<u>SOG%</u>	<u>GW</u>
16	Keli McLaughlin	20	19	9	1	19	37	.432	1
7	Morgan Showalter	20	20	6	5	17	37	.432	3
5	Alyssa Cosnek	20	20	6	4	16	38	.526	1
6	Alex Seydel	20	20	5	3	13	23	.609	0
4	Alyscha Mottershead	20	20	3	5	11	12	.333	1
9	Jackie Kaeding	20	11	2	2	6	14	.571	2
25	Katherine Lewis	17	0	1	1	3	5	.200	0
12	Sarah Langlas	20	12	1	0	2	11	.273	0
14	Kim White	12	0	1	0	2	4	.750	1
24	Dana Dalrymple	17	1	0	2	2	14	.429	0
22	Mandy Heimann	20	20	0	2	2	4	.500	0
15	Nicole Slevin	9	0	0	1	1	1	1.000	0
21	Jenna Aleo	20	20	0	0	0	11	.455	0
2	Jade Grimm	20	20	0	0	0	9	.333	0
10	Amanda Martin	4	0	0	0	0	3	.667	0
20	Emily Jaffe	8	0	0	0	0	3	.333	0
19	Heather Windsor	3	0	0	0	0	2	.500	0
23	Kelsey McCarron	8	0	0	0	0	2	.500	0
26	Stefani Campbell	3	0	0	0	0	2	.000	0
28	Gabrielle Ainsworth	10	0	0	0	0	2	.000	0
13	Rachel Blakesley	17	17	0	0	0	1	.000	0
17	Allison Bellmer	5	0	0	0	0	1	.000	0
30	Rachel Spellerberg	1	0	0	0	0	0	.000	0
27	Stephanie Swanson	1	0	0	0	0	0	.000	0
8	Kelsey Sandon	2	0	0	0	0	0	.000	0
3	Gabrielle Tinner	3	0	0	0	0	0	.000	0
Totals.....		20		34	25	93	245	.449	9
Opponents.....		20		29	21	79	248	.492	11

GOALKEEPER STATISTICS

<u>No.</u>	<u>Player</u>	<u>GP</u>	<u>GS</u>	<u>Min</u>	<u>GA</u>	<u>GAAvg</u>	<u>SVS</u>	<u>PCT</u>	<u>W-L-T</u>
00	Emily Moran	20	20	1770:41	29	1.47	90	.756	9-11-0
1	Kali Feieteisel	1	0	25:33	0	0.00	1	1.000	0-0-0
27	Stephanie Swanson	1	0	15:04	0	0.00	0	0.00	0-0-0
0	Erica Clausen	1	0	9:01	0	0.00	1	1.000	0-0-0
30	Rachel Spellerberg	1	0	4:59	0	0.00	0	0.00	0-0-0
TEAM				0:00	0	0.00	1	1.000	0-0-0
TOTALS		20		1825:18	29	1.43	93	.762	9-11-0

2009 Team Awards

Most Valuable Player: _____ Jenna Aleo
 Offensive Player of the Year: _____ Morgan Showalter
 Defensive Player of the Year: _____ Rachel Blakesley
 Most Improved Player: _____ Sarah Langlas
 Freshman of the Year: _____ Alyscha Mottershead

2009 Big Ten Honors

Big Ten All-Freshman Team: _____ Jade Grimm
 Big Ten Sportsmanship: _____ Heather Windsor



IOWA WOMEN'S SOCCER

2009 Big Ten Statistics

<u>No.</u>	<u>Player</u>	<u>GP</u>	<u>Goals</u>	<u>Assists</u>	<u>Points</u>	<u>Shots</u>	<u>SOG%</u>	<u>GW</u>
7	Morgan Showalter	10	3	2	8	22	.409	1
5	Alyssa Cosnek	10	3	0	6	17	.588	0
16	Keli McLaughlin	10	2	0	4	13	.462	0
6	Alex Seydel	10	2	0	4	12	.667	0
4	Alysha Mottershead	10	0	1	1	7	.286	0
22	Mandy Heimann	10	0	1	1	3	.333	0
15	Nicole Slevin	3	0	1	1	1	1.000	0
9	Jackie Kaeding	10	0	0	0	8	.500	0
24	Dana Dalrymple	9	0	0	0	4	.500	0
21	Jenna Aleo	10	0	0	0	7	.429	0
12	Sarah Langlas	10	0	0	0	3	.333	0
2	Jade Grimm	10	0	0	0	4	.250	0
25	Katherine Lewis	8	0	0	0	0	.000	0
14	Kim White	5	0	0	0	0	.000	0
10	Amanda Martin	2	0	0	0	1	.000	0
19	Heather Windsor	1	0	0	0	0	.000	0
23	Kelsey McCarron	1	0	0	0	0	.000	0
26	Stefanie Campbell	1	0	0	0	0	.000	0
28	Gabby Ainsworth	5	0	0	0	0	.000	0
13	Rachel Blakesley	7	0	0	0	0	.000	0
17	Allison Bellmer	1	0	0	0	0	.000	0
3	Gabrielle Tinner	2	0	0	0	0	.000	0
8	Kelsey Sandon	1	0	0	0	0	.000	0
18	Jenny Kahler	2	0	0	0	0	.000	0
	Total.....	10	10	5	25	102	.471	1
	Opponents.....	10	23	18	64	147	.531	9

GOALKEEPER STATISTICS

<u>No.</u>	<u>Player</u>	<u>GP</u>	<u>Min</u>	<u>GA</u>	<u>GAAvg</u>	<u>SVS</u>	<u>PCT</u>	<u>W-L-T</u>
00	Emily Moran	10	925:18	23	2.24	54	.701	1-8-0
	Total.....	10	925:18	23	2.24	55	.705	1-8-0
	Opponents.....	10	925:18	10	0.97	38	.792	8-1-0

2009 Letterwinners

Gabrielle Ainsworth	Sarah Langlas	Stephanie Swanson
Stefani Campbell	Emily Moran	Erica Clausen
Dana Dalrymple	Kelsey Sandon	Jackie Kaeding
Jade Grimm	Morgan Showalter	Kelsey McCarron
Katherine Lewis	Gabby Tinner	Alex Seydel
Alysha Mottershead	Jenna Aleo	Nicole Slevin
Rachel Spellerberg	Kali Feiereisel	Heather Windsor
Allison Bellmer	Mandy Heimann	Kim Olsen
Rachel Blakesley	Amanda Martin	
Alyssa Cosnek	Keli McLaughlin	

2009 Academic All-Big Ten

Jenna Aleo	Alex Seydel
Erica Clausen	Morgan Showalter
Kali Feiereisel	Nicole Slevin
Jackie Kaeding	Stephanie Swanson
Sarah Langlas	Gabrielle Tinner
Amanda Martin	Kim White
Kelsey McCarron	Heather Windsor
Emily Moran	



IOWA WOMEN'S SOCCER



The playing surface at the Iowa Soccer Complex is arguably the best in the Big Ten.



The Iowa Soccer Complex allows fans to watch matches from either the grandstands or hillsides around the complex.



Professional-style bench covers were added to the Iowa Soccer Complex for the 2010 season.



Iowa's practice facility is located next to the Iowa Soccer Complex. The practice facility includes a full-length field, bench covers and plenty of space for the Hawkeyes to train.

The Iowa Soccer Complex has been the home of Hawkeye Soccer for eight years. The complex is equipped with lights, grandstands and an enclosed press box. The field is also fenced in and contains a professional irrigation and drainage system. The home of the Hawkeyes is truly one of the best collegiate soccer facilities in the nation.



IOWA WOMEN'S SOCCER



The Hawkeyes broke in a new locker room during the 2006 season. Iowa's locker room is a part of the Hawkeye Tennis and Recreation Complex, located within walking distance to both the practice facility and the Iowa Soccer Complex. The Hawkeye locker room is equipped with spacious lockers and a lounge area complete with leather chairs and sofas.





IOWA WOMEN'S SOCCER

-A-

Jenna Aleo _____ 2007-
 Gabrielle Ainsworth _____ 2009-
 Joni Anderson _____ 1999-01
 Julie Atkocaitis _____ 1999-02
 Lisa Audino _____ 1997-00

-B-

Victoria Bachand _____ 2007
 Avery Bang _____ 2002-03
 Amanda Bartlett _____ 2005
 Shelly Batra _____ 1997-00
 Ali Becker _____ 2006
Allison Bellmer _____ 2008-
Rachel Blakesley _____ 2008-
 Lindsey Boldt _____ 2004-07
 Jody Bolluyt _____ 1997

-C-

Stefanie Campbell _____ 2009-
 Erica Clausen _____ 2006-09
 Katie Clymer _____ 2001-02
Alyssa Cosnek _____ 2008-

-D-

Dana Dalrymple _____ 2009-
 Katie Danaher _____ 1997-00
 Audra Dondlinger _____ 1997-99

-E-

Manon Engelhardt _____ 2005-06
 Karen Enockson _____ 2003

-F-

Kali Feiereisel _____ 2007-
 Kelsie Full _____ 2004-07

-G-

Nicole Gatens _____ 2001-03
 Abby Gierke _____ 2004-07
 Claire Goldenberg _____ 2004-07
Jade Grimm _____ 2009

-H-

Mandy Heimann _____ 2007-
 Liz Hendel _____ 1999-01
 Julie Hickman _____ 2003
 Brooke Homeyer _____ 1997
 Chrissy Howard _____ 1998-01
 Stephanie Hyink _____ 2005-08
 Jennifer Hyngstrom _____ 1998-99

-J-

Jamie Jorgensen _____ 1999-02

-K-

Jackie Kaeding _____ 2005-09
 Melisa Kaettherhenry _____ 2004-07
 Sarah Kiefer _____ 1997-00
 Laren Kriner _____ 1998-00

-L-

Sarah Langlas _____ 2008-
 Natalie Lencioni _____ 2003-05
 Laura Lepley _____ 1998
 Suzy Levett _____ 2008
Katherine Lewis _____ 2009
 Kim Lewis _____ 2004-07
 Megan Love _____ 2004-07
 Kim Lukas _____ 2001-03
 Kari Lundberg _____ 1997
 Sarah Lynch _____ 1999-02
 Stephanie Lynch _____ 1998-01

-M-

Erin MacIsaac _____ 2005
 Jamie Maltman _____ 2004-05
Amanda Martin _____ 2007-
 Gabe Mauren _____ 1997-98
 Lindsey May _____ 2001
 Kelsey McCarron _____ 2006-09
Keli McLaughlin _____ 2007-
 Julia Meyer _____ 1997-99
 Michelle Mobily _____ 1998-01
 Kitty Montgomery _____ 2001-04
Emily Moran _____ 2008-
 Alyscha Mottershead _____ 2009
 Katie Mulvahill _____ 2004-06

-N-

Marcy Nelson _____ 1997-99

-O-

Jistine Oates _____ 1998
 Beth Oldenburg _____ 1997-00
 Kim Olsen _____ 2008-09
 Danielle Oswald _____ 2003

-P-

Jill Pardini _____ 2002
 Megan Pekala _____ 2001
 Lindsey Phillips _____ 2003
 Katie Poole _____ 2001-02
 Teesa Price _____ 1999-01

-Q-

Katelyn Quinn _____ 2002-05

-R-

Amber Reed _____ 1997
 Suzanne Rivers _____ 1999-02

-S-

Kelsey Sandon _____ 2008-09
 Ashley Schlueter _____ 2004-07
 Alexandria Seydel _____ 2006-09
 Kelsey Shaw _____ 2005-08
 Annie Shepard _____ 2007
 Rennice Sherard _____ 2001-02
Morgan Showalter _____ 2008-
 Nicole Slevin _____ 2006-09
 Katie Smeltzer _____ 2005-08
 Kathleen Smokowski _____ 2006-08
 Jenna Sorensen _____ 1997-98
Rachel Spellerberg _____ 2009
 Sarah Stephenson _____ 2004-07
 Danielle Stilz _____ 1997
 Whitney Strain _____ 2002-05
 Jenny Sturm _____ 1997-00
Stephanie Swanson _____ 2007-

-T-

Meredith Taylor _____ 1997-99
 Nicholle Taylor _____ 2001
 Shana Thielman _____ 1997
 Ellen Thompson _____ 1997-00
Gabrielle Tinner _____ 2008-
 Debbie Towles _____ 1997-98

-V-

Britta Voegel _____ 2001-04
 Margit Voegel _____ 2001-04

-W-

Kate Walse _____ 1997-00
 Kirsten Wander _____ 1997-99
 Sabrina Wander _____ 1998-99
 Kelly Warner _____ 2005-07
 Rebecca White _____ 1997
 Courtney Wilkerson _____ 2001-03
 Clare Williams _____ 2007
 Heather Windsor _____ 2006-09
 Linzy Wolman _____ 1998-01

-Z-

Kristin Zoelle _____ 2002-03
 Jacqui Zuniga _____ 2005



IOWA WOMEN'S SOCCER



Gary Barta Director of Athletics

"Hope is not a strategy," is a common refrain of the University of Iowa's Gary Barta. So, as Barta enters his fifth year as the UI's director of intercollegiate athletics – and his 24th year in athletics administration – he does so diligently working a plan that contributed to historic success for the Iowa Hawkeyes in 2009-10 and is setting the stage for more of the same in the years ahead.

Competitively, two events stand alone at the top of the list of achievements by UI teams in 2009-10: Iowa's dominating victory

over Georgia Tech in the 2010 FedEx Orange Bowl and yet another national championship for the UI wrestling program.

The victory over the Yellow Jackets in Land Shark Stadium in Miami was Iowa's 11th of the college football season and its first in a Bowl Championship Series event since the Hawkeyes' victory over California in the 1959 Rose Bowl. It was the final chapter in a season that opened with a school-record nine straight victories by Kirk Ferentz's squad, a streak that electrified fans of the Hawkeyes and triggered another pilgrimage of fans of the team to their second BCS appearance under Ferentz.

Tom Brands' Iowa wrestling squad crowned three national champions and eight Hawkeyes earned all-America honors while leading the UI to its 23rd NCAA title in school history. The championship was the third straight under Brands and it came rather handily – Iowa finished 44.5 points ahead of its nearest competitor – and, as more often than not – after yet another Big Ten Conference championship.

As inspiring as the achievements of Iowa's football and wrestling teams were, they weren't the alone. Iowa's women's basketball team overcame a series of injuries to secure 20 victories, reach the championship game of the post-season Big Ten Tournament, and advance to NCAA Tournament play for the third straight year.

The Iowa men's golf team used a second place finish at the 2010 Big Ten Conference Championship to secure an at-large invitation to NCAA Regional play where it finished tied for sixth and just one stroke shy of its second straight appearance in the national championship.

First-year coach Katie Dougherty guided the UI's women's tennis team to its first NCAA post-season action since 2006. The squad was powered by the nationally-ranked doubles team of Merel Beelen and Sonja Molnar.

The Iowa baseball team won seven of its last eight regular season league games to advance to the Big Ten Tournament when the Hawkeyes marched to the championship game for the first time since the 1983 season.

The Iowa men's track and field team advanced 32 athletes to NCAA post-season competition after a fourth-place finish by the men's squad at the Big Ten Championships. That finish was the Hawkeyes' best since 2006 and was sparked by three individual champions.

Barta and the UI Athletics Department also enjoyed historic success out of competition including, most notably, significant improvements to the facilities used by the more than 700 student-athletes who represent the UI in intercollegiate athletics competition.

In September 2009, the University of Iowa and the UI Athletics Department dedicated the \$7 million P. Sue Beckwith, M.D. Boathouse, a 20,000-square-foot facility built right on the bank of the Iowa River off of Dubuque Street in Terrill Mill Park.

In November 2009, the UI broke ground on a multi-million dollar addition and renovation of Carver-Hawkeye Arena, the 28-year-old competitive home of the Hawkeye men's and women's basketball, wrestling and volleyball programs. The Carver-Hawkeye Arena Revitalization Project will greatly improve the practice, strength training, and conditioning facilities for a myriad of sports programs in addition to providing new office space for the vast majority of Iowa's administrative and coaching staffs in addition to new locker room and support facilities for Iowa's men's and women's basketball, wrestling and volleyball teams.

In fall 2010, Barta will join the campus community in celebrating the opening

of the \$69 million Campus Wellness and Recreation Center. The facility will provide unparalleled recreational opportunity for UI students, faculty and staff, and the greater Iowa City community in addition to being the new full-time home of the UI's men's and women's swimming and diving programs.

The UI also expects to break ground on an addition to the facilities used by the Iowa football program during the 2010-11 year. Funded entirely through private support, the project is an important next phase of the master facilities plan for Hawkeye football. The project will include the construction of a new indoor practice facility, upgraded and improved locker rooms, team rooms, strength and conditioning facilities, and spaces used for the day-to-day operation of the UI's football program. The construction of the Ron and Margaret Kenyon Outdoor Practice Facility – a facility envied by many collegiate programs and NFL franchises – and the \$89 million renovation of historic Kinnick Stadium were phases 1 and 2 of the master plan.

While Iowa continues to move the facilities it makes available to student-athletes forward, the UI's commitment to the academic piece of the student-athlete experience remains paramount – and successful.

According to information released annually by the NCAA, the graduation rate for student-athletes who enrolled at the University of Iowa in the fall of the 2002-03 academic year was 70 percent, six percentage points better than the national average and two points better than a year ago. The graduation rate for UI student-athletes was also four percentage points better than the rate for all UI students.

The football program at the UI – with a Graduation Success Rate of 74 – ranked second only to Cincinnati among the ten teams invited to participate in the five 2010 Bowl Championship Series events. Iowa also ranked third among the seven bowl-bound Big Ten Conference teams.

The UI's field hockey, softball and men's cross country teams were among the NCAA Division I intercollegiate athletics programs singled out by the NCAA for Academic Progress Reports (APR) in the top 10 percent of all teams in their specific sport. In fact, for the second straight year all 24 of Iowa's teams exceeded the NCAA's APR benchmark and compared favorably to their peers in the Big Ten and nationally.

Barta's involvement in the UI campus community extends well beyond intercollegiate athletics. He is a member of the cabinet comprised of vice presidents and other campus leaders that provides counsel to UI President Sally Mason.

Barta also represents the UI and the Hawkeyes at the conference and national level as well. During his first four years at the UI, he has participated in the creation and implementation of the Big Ten Network, the expansion of the Big Ten Conference and realignment of athletics conferences nationally, and the Big Ten's post-season bowl game agreements that go into effect this college football season.

Nationally, Barta remains active in the Division IA Athletics Directors Association, the National Association of College Directors of Athletics, and currently serves on the NCAA Football Committee Board of Directors.

As the director of athletics at the University of Wyoming for three years, seven different UW coaches were named Mountain West Conference Coach of the Year. He also spearheaded a fund-raising effort that netted the Cowboy athletics program \$11 million in private support and \$11 million in matching state fund.

As the senior associate athletics director at the University of Washington, he directed the "Campaign for the Student-Athlete," was a participant in the design, construction and/or renovation of several UW athletics facilities including Bank of America Arena and the Dempsey Indoor Practice Facility. In addition to almost doubling the amount of annual private support received by UW, Barta also managed the department's external affairs division, a task that included corporate sponsorship and radio contracts.

The roots of his development experience extend to his first two positions: director of athletics development and external relations at the University of Northern Iowa and director of development at his alma mater, North Dakota State University.

Barta earned a Bachelor of Science degree in mass communication and broadcast journalism from NDSU in 1987. He was an option quarterback for Bison football squads that won the Division II NCAA national championship in 1983, 1985 and 1986.

Barta, and his wife, Connie, have a son, Luke (12) and a daughter, Madison (10). He was born September 4, 1963, in Minneapolis, MN.



IOWA WOMEN'S SOCCER

The UI Department of Athletics is under the direction of Gary Barta and is regarded as one of the top intercollegiate programs in the nation. Once again, the Hawkeyes enjoyed success both athletically and academically in 2009-10.

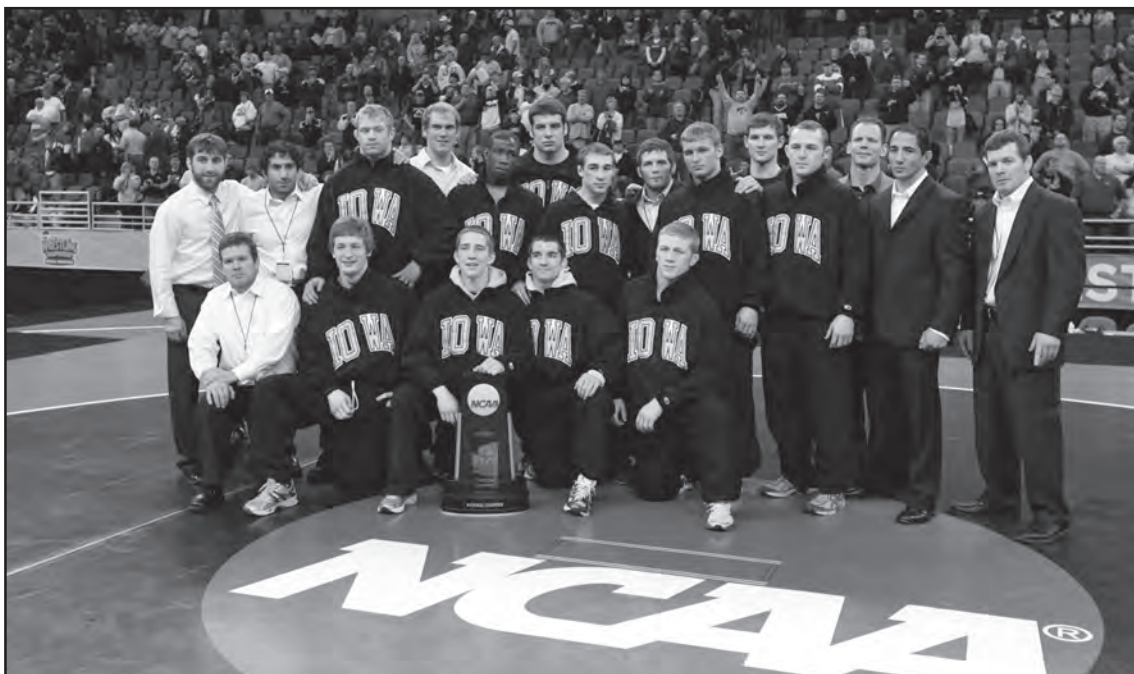
Thirty-seven Hawkeyes earned all-conference accolades, while 15 were recognized as all-Americans. Hawkeye student-athletes excelled in the classroom, as well with 178 earning academic all-Big Ten laurels. The graduation rate of Iowa's student-athletes has improved in each of the past 10 years and has consistently ranked above the graduation rate of all UI students.

Paced by its men's cross country and field hockey teams -- each with perfect APR scores of 1,000 for the second straight year -- all 24 of Iowa's intercollegiate athletics programs achieved at a rate that surpasses the national benchmark established by the NCAA. Iowa's men's tennis, women's golf, women's tennis and volleyball all ranked in the upper 90 percent of its peers.

The support of their efforts and attendance by Hawkeye fans ranks among the best across the country.

While the Hawkeyes compete with the best in the nation in a variety of sports, Iowa boasts some of the most impressive athletic facilities in the nation, operated by one of the most respected departments.

Several new projects are underway on the Iowa campus. Some of the latest additions to the UI campus include the completion of the new Campus Recreation and Wellness Center, which houses the swimming and diving teams, and the state-of-the-art \$7 rowing boathouse. In addition to the brand new swimming and rowing facilities, the Roy G. Karro Athletics Hall of Fame and Visitors Center, the Russell and Ann Gerdin Athletic Learning Center and the Hawkeye Tennis and Recreation Center completed construction in recent years. Furthermore, the UI is in the middle of a \$43 million Carver-Hawkeye Arena renovation project that is expected to be completed the summer of 2011.



The 2010 Iowa Hawkeye wrestling team won its 23rd NCAA championship along with its 34th Big Ten title. Iowa crowned eight all-Americans en route to its third-straight national and league championships.

Kinnick Stadium received a major upgrading and renovation that was completed just prior to the 2006 season. The \$89 million project included the replacing of the south end zone stands and building of a four-level press box that houses 47 guest suites. New scoreboards, video walls, concession stands

and new rest rooms were also part of the project.

Iowa athletes have been recognized as all-Americans in their sport on 268 occasions during the past 18 years, including 15 this past season.



The Iowa women's basketball team finished runner-up at the Big Ten Tournament and advanced to the second round of the NCAA Tournament last season.



IOWA WOMEN'S SOCCER



The Iowa football team boasted an 11-2 record a year ago, was ranked as high as fourth nationally, and recorded a dominating 24-14 Orange Bowl victory over Georgia Tech.

During the 2009-10 athletic year, the Hawkeyes continued their trend of success on the playing fields and in academic pursuits. Below are some examples of recent Hawkeye success.

The Hawkeye wrestling team continued its dominance on the mat claiming its 23rd and third-straight NCAA national championship and its 34th and third-straight Big Ten title. Ten Hawkeyes earned all-American laurels en route to the team championship. Tom Brands was tabbed Big Ten Coach of the Year, while Matt McDonough was honored as the league's top freshman.

Iowa football continued its stellar play, winning 11 of its 13 games in 2009, and earned a national ranking as high as fourth. The year culminated with a dominating 24-14 performance over Georgia Tech in the Orange Bowl. The return trip to Miami marked Iowa's sixth January bowl game in eight years. Kirk Ferentz was named Big Ten Coach of the Year, while Bryan Bulaga was honored as the conference's Offensive Lineman of the Year.

Iowa's field hockey team has won the Big Ten Tournament championship three of the last four years and finished third nationally, advancing all the way to the Final Four in 2008. A total of 39 Hawkeyes have garnered all-Big Ten accolades under Head Coach Tracey Griesbaum.

The Hawkeye baseball team surged last season, winning 11 of its last 14 games to finish third in the Big Ten and earn runner-up honors in the conference tournament. Three Hawkeyes and two incoming recruits were drafted in the Major League Draft following the season.

The women's basketball team had another outstanding season, finishing third in the league, earning runner-up honors at the Big Ten Tournament and advancing to the NCAA Second Round. Lisa Bluder, who was named Big Ten Coach of the Year for the third time, coached Kachine Alexander to honorable mention all-America status and Jamie Printy to Big Ten Freshman of the Year laurels.

Under first-year Head Coach Katie Dougherty, the women's tennis team ascended in the national rankings to 18th and earned a NCAA Tournament berth. Also, Iowa's doubles team of Sonja Molnar and Merel Beelen ranked 14th nationally competed in the national tournament at the end of the year. Molnar is a two-time all-Big Ten performer and was tabbed the league's Freshman of the Year in 2009.

Head Coach Mark Hankins continued to have his men's golfers play at a high level. The Hawkeyes finished second, only three strokes from first, at the Big Ten Championships and was only one stroke from advancing to its second-straight NCAA Championships when it placed sixth at Regionals this past spring.

The aforementioned list of team and individual accomplishments are just a sampling of the recent excellence achieved in Iowa City.

Whether it's the top-notch athletic or academic performances, the outstanding community and fan support or the impressive facilities, it's easy to understand why Iowa fans everywhere truly believe, "It's great to be a Hawkeye."



IOWA WOMEN'S SOCCER

Since its inception in 1979, Athletics Student Services has evolved from a two-person, academic support service to a broad-based, nationally prominent student support services operation. Its purpose is to offer academic and personal support services that will assist student-athletes in making timely progress toward their degrees while preparing to become tomorrow's leaders. Athletics Student Services focuses on four important areas - academic counseling and monitoring, educational and support programs, retention programs and compliance education and services - when working with student-athletes. Following are descriptions of some of the programs, services and opportunities available in those areas.

Gerdin Athletics Learning Center

The \$4.6 million Russell A. and Ann Gerdin Athletics Learning Center opened in August of 2003 and gives all Iowa student-athletes a state of the art facility to support their educational goals. The Athletics Learning Center is a 20,000 square foot facility which provides a computer lab, study lounges, seminar and meeting places for all Hawkeye student-athletes. The Learning Center features an auditorium that converts into two classrooms, separate study rooms for under and upper-class student-athletes with 28 study carrels, a computer lab, tutorial rooms, the book loan repository, offices for Iowa's Student Services staff and a display area to recognize the academic and athletic accomplishments of Iowa's student-athletes.

Academic Counseling & Monitoring

Athletics coordinators work closely with student-athletes and their university-assigned advisors from the time they arrive on campus until the time they leave the University. Along with focusing on academic planning matters such as goal-setting, plans of study, choosing majors and degree requirements, athletics coordinators also help student-athletes understand NCAA, Big Ten and University academic policies. They also solicit feedback from instructors on academic progress made by student-athletes.



The \$4.6 million Russell A. and Ann Gerdin Athletics Learning Center opened in August of 2003 and gives all Iowa student-athletes a state of the art facility to support their educational goals.

Career Guidance & Development

Planning a meaningful career and a fulfilling life is an ongoing process of expanding and narrowing choices, beginning when student-athletes arrive on campus and continuing throughout their college career and lifetime. The professional staff works with other career development professionals on campus to offer individual consultation, career development seminars, workshops, referrals to other campus offices and special events like the Senior Recognition Banquet for graduating student-athletes.

Educational Programs

A full menu of educational programs are offered to student-athletes to ensure their academic success and personal development as they grow from Today's Hawkeyes to Tomorrow's Leaders. Through collaboration with other University of Iowa student services offices, and in partnership with the NCAA CHAMPS/Life Skills Program, programs address such quality of life issues as alcohol safety, healthy lifestyles, tolerance and respect, career development, professional conduct and leadership development.

Retention

Through the retention program student-athletes, who may need tailored academic assistance and structure, are identified and receive individualized learning plans to help them succeed. Such plans may include daily and weekly planning sessions with athletics coordinators and retention staff, tutoring, study groups, mainstreaming into on-campus services like the writing center, math labs and services for students with learning disabilities.

Transition Seminar

All new student-athletes attend an eight-week transition seminar during the fall semester that is geared toward helping them make the transition from high school to college successfully. Seminar topics include time management skills, learning and study strategies, the culture and rules of the university and Division I Big Ten intercollegiate athletics, and personal leadership and life skills concerning alcohol safety, healthy relationships and intimacy, diversity and inclusion, tolerance, values and character.



IOWA WOMEN'S SOCCER



Located near the Hillcrest, Slater, Quadrangle and Reinow residence halls, the Russell A. and Ann Gerdin Athletics Learning Center is easily accessible to Hawkeye student-athletes. Some of the facility's features include a large computer lab, areas for group and independent study, and meeting rooms.

Minority Enrichment Program

This program offers a culturally supportive environment in which minority student-athletes develop friendships and a support network in the university. A core focus group of students and staff coordinate programs such as guest speakers, holiday celebrations, community service activities with the local neighborhood centers, events with Cultural Centers and networking with minority faculty, staff, professional and business leaders.

Leadership Development through Iowa SAAC

Through the Iowa SAAC (Student-Athlete Advisory Committee), student-athlete representatives selected by their coaches and teammates represent the interests and concerns of their teams to Athletics Administrators. They meet regularly to plan community service, personal development, career education and social programs advised and supported by Athletics Student Services staff. They are consulted about emerging department policies and NCAA proposed legislation. SAAC representatives learn about and participate in the athletics governance structure by serving on department advisory committees.

Tutoring

Tutoring is available free of charge to all student-athletes. Tutors, who are graduate and professional students, current and former teachers, help with course content as well as study strategies and are available in virtually all general education program subjects.

Compliance Education and Services

Athletics Student Services administers a comprehensive compliance program to ensure that all staff and student-athletes act in accordance with NCAA, Big Ten Conference and University of Iowa regulations. Staff members oversee and assist with the recruiting of prospective student-athletes. They monitor the continuing eligibility of student-athletes. They oversee and administer student-athlete financial aid. They conduct rules education programs for coaches, staff, student-athletes and boosters. They monitor staff and student-athlete behavior to ensure conformity with the NCAA, Big Ten Conference, University of Iowa and Athletic Department policies and rules.

Compare the Numbers
Iowa's student-athletes have outperformed the University's entire student population each year since the NCAA started requiring a report of student-athlete graduation rates.



IOWA WOMEN'S SOCCER

When student-athletes consider their future, they should consider prospects beyond athletics. A list of all University of Iowa alumni who have distinguished themselves professionally would be difficult to assemble and could never be complete. However, some are truly outstanding in their area of expertise.

Business

Leland C. Adams, Former president, Amoco Production Co.
John J. Balles, Former president, Federal Reserve Bank of San Francisco
Arthur A. Collins, Founder, Collins Radio (Rockwell Collins)
Kathleen A. Dore, Executive vice president and general manager, Bravo Television Network & the Independent Film Channel
John W. English, Former vice president and chief investment officer, Ford Foundation
H. John Hawkinson, Former president and director of funds, Kemper Financial Services Inc.
Richard O. Jacobson, President, Jacobson Warehouse Co.
Bill Krause, President, Krause Gentle Corp.
Richard Levitt, Chairman & CEO, Nellis Corporation
John Pappajohn, Venture capitalist, entrepreneur; President, Equity Dynamics, Inc.
Henry Tippie, Presiding director for Rollins, Inc.; Chairman of the Board, Dover Motorsports & Dover Downs Entertainment

Education

Joseph N. Crowley, President, University of Nevada at Reno and former NCAA president
R. Wayne Duke, Former commissioner, Big Ten Conference
E.F. Lindquist, Co-founder, American College Testing (ACT) Program
John B. McLendon, First black coach inducted into The Basketball Hall of Fame
Eddie Robinson, Legendary football coach, Grambling State University
Wilbur Schramm, International authority on communications and founder, Iowa Writers' Workshop
Richard Schultz, Executive Director, United States Olympic Committee; Former Executive Director, NCAA
James Van Allen, Space Physicist

Entertainment

Diablo Cody, Oscar Award winning writer of "Juno"
Simon Estes, International opera star
John Falsey, Executive producer of television's "Northern Exposure" & "I'll Fly Away"
Al Jarreau, Grammy Award-winning singer
Mark Johnson, Film producer and Oscar Award winner for *Rainman*
Alex Karras, former NFL All-Pro, Detroit Lions; actor, *Victor, Victoria*; *Blazing Saddles*; "Webster"
Barry Kemp, television producer, creator of the hit series "Coach"
Dave Keuning, guitarist, The Killers
Shirley Rich Krohn, Casting director for *Kramer vs Kramer*, *Three Days of the Condor*, *Taps*, *Saturday Night Fever*
Richard Maibaum, Writer of James Bond motion picture scripts
Brandon Routh, Actor, *Superman Returns*
Gene Wilder, Actor, *Silver Streak*, *Young Frankenstein*, *Stir Crazy*

Government

David Bonior, U.S. House of Representatives, Mt. Clemens, MI
Terry Branstad, former Governor of Iowa
General Charles A. Horner, Architect of the US air war against Iraq during the Persian Gulf War/Desert Storm
Mary Louise Smith, noted political party leader and civil rights proponent
Juanita Kidd Stout, First black woman elected to a state Supreme Court



Tom Brokaw
NBC News



Mark Shapiro
Former ESPN Vice-President

Literature

Mildred Wirt Benson, Author of 23 Nancy Drew mysteries and first woman to receive master's degree in journalism at Iowa
John Irving, Writer, *The World According to Garp*, *The Cider House Rules*
W.P. Kinsella, Writer, *Shoeless Joe*
Margaret Walker, Writer, *Jubilee*

Media

Alan Abelson, Editor, *Barron's*
Tom Brokaw, Former Anchorman, NBC News
John Cochran, Correspondent, ABC News
Paul Conrad, Political cartoonist and three-time winner of the Pulitzer Prize
Wayne Drehs, General Assignment Writer, ESPN.com
George Gallup, Founder, The Gallup Poll
Charles Guggenheim, Documentary filmmaker, Peabody and Oscar award winner
Bob Miller, Broadcaster, Los Angeles Kings
Herbert Nipson, Executive Editor, *Ebony*
Brian Ross, Correspondent, ABC News, NBC News; Peabody and Emmy award winner
Carole Simpson, Anchor, ABC News

Science and Medicine

Dr. Nancy Andreasen, Psychiatrist renowned for her research on schizophrenia, as well as creativity
Dr. Johann L. Ehrenhaft, Pioneer in field of open heart surgery
Dr. Robert C. Hardin, Developed blood bank protocols during WW II based on seminal work on blood preservation
Dr. Don H. O'Donoghue, sports medicine pioneer
James Van Allen, World famous physicist and discoverer of two radiation belts (the Van Allen Belts) that surround the earth.
Dr. Emory D. Warner, World recognized pathologist

Pulitzer Prize Winners

Marquis Childs, 1970, *St. Louis Post Dispatch*
Rita Dove, 1987, *Thomas and Beulah*; U.S. Poet Laureate
Jorie Graham, 1996, *The Dream of the Unified Field*; *New and Selected Poems*
J. Tracy Kidder, 1982, *The Soul of a New Machine*
James A. McPherson, 1978, *Elbow Room*
Jane Smiley, 1992, *A Thousand Acres*
Tennessee Williams, 1948, *A Streetcar Named Desire*; 1955, *Cat on a Hot Tin Roof*



IOWA WOMEN'S SOCCER

Athletic Training & Sports Medicine

Continuing to set the standard in athletic training and Sports Medicine Service, The University of Iowa provides the student-athlete with exemplary medical care. Athletic Training Services is the largest component of the University of Iowa Sports Medicine program. UI Sports Medicine is a multidisciplinary healthcare team housed within the UI Sports Medicine Center, as part of University Hospitals & Clinics (UIHC), striving to provide exemplary everyday care for all student-athletes. The team consists of Athletic Training, Orthopaedics, Primary Care, Physician Assistants, Radiology, Physical Therapy, and Nursing. In addition, Athletic Training Services connect student-athletes to UIHC resources and specialty areas. Iowa's staff of 12 full-time licensed athletic trainers and six graduate assistant licensed athletic trainers provide health care services within four athletic training rooms and other ancillary facilities, involving injury rehabilitation and prevention programs among other health care services. When injuries and illness occur Iowa's athletic trainers provide treatment and rehabilitation programs to facilitate appropriate return to participation.

Services from the UIHC, among the world's largest university-owned teaching hospitals, support the efforts of the athletic trainers and other specialty sports medicine staff. Located next to Kinnick Stadium, the hospital offers a cutting-edge environment where staff physicians, sports medicine fellows, sports physical therapists, and athletic trainers care for student-athletes and produce successful outcomes. Dedicated research and education result in outstanding care. In October 2009, the Institute for Orthopaedics, Sports Medicine and Rehabilitation (IOSMR) opened to further enhance the care for student athletes. This new facility houses the UI Sports Medicine Center.

Athletic trainers form a team with orthopaedic and primary care physicians for every Hawkeye sport. Many of the physicians are fellowship trained in their specialty area and lecture locally, nationally, and around the world. In addition, each athlete has access to orthodontists, nutritionists, psychologists, and specialty physicians at the UIHC. Priority access to see physicians and other health care professionals provides expertise for comprehensive health care that returns the student-athlete to practice and competition promptly and safely.



The Hawkeye Tennis and Recreation Complex Athletic Training Room has excellent facilities to conduct evaluations, treatments, and rehabilitation for the student-athlete.

The Hawkeye Strength Training Program

The University of Iowa Strength and Conditioning Department is committed to providing the ultimate training experience for each Hawkeye student-athlete. Our focus is the development of the complete student-athlete through the use of proven scientific methods for reducing the risk of injury, as well as maximizing each student-athletes' athletic potential. Equally as important, our staff will foster a culture of relationship building in which we will seek to enhance the intangible character traits required for each Hawkeye to reach his or her championship potential on and off the playing stage.

Strength & Conditioning Philosophy

The philosophy of this program consists of two components. The first is to continually develop a scientifically sound program that will maximize strength, power and explosiveness in order to allow the athlete to get the utmost out of their genetic potential, and to reduce the chance of injury. This will primarily be accomplished through the use of ground based free weight exercises and the progressive incorporation of functional movements and plyometrics. The second is to establish a culture which will develop the discipline, character and mental toughness within each student-athlete and team as a whole so that they are able to make sacrifices in their training, leave their comfort zone and develop a Championship ATTITUDE. This will encourage them to make the most out of every situation and opportunity given to them in athletics and academics, so that they might know what it is to be fully committed to something. When these two converge, they are not only able to reach their full potential; they become champions on and off the playing field.



The 1,800-square foot Recreation Building strength training facility is equipped with eight Olympic platforms, squat racks, medicine balls, physio balls and over 10,000 pounds of free weights.



IOWA WOMEN'S SOCCER

An Exceptional Choice

Since 1847, The University of Iowa has distinguished itself as a leader among public universities. Today its programs in health, business, engineering, education, law, the arts, communications, and the sciences are known worldwide for their excellence and innovation.

Outstanding Academic Opportunities

Iowa offers degrees in 11 colleges: Business, Dentistry, Education, Engineering, Law, Liberal Arts and Sciences, Medicine, Nursing, Pharmacy, Public Health, and the Graduate College. Undergraduates can choose from more than 100 areas of study.

A Fun Place to Call Home

Iowa City is a classic university town where learning and creating truly matter. The city blends the vibrant University campus and the natural beauty of the Iowa River with nearby shopping, entertainment, and residential areas.

Commanding Resources

The University operates one of the largest research library systems in the country. Iowa equips its classrooms and laboratories with the latest in computer technology. Students benefit from this technology-rich environment coupled with the high personal attention of University faculty and staff. Visit the University's web site at www.uiowa.edu to about its multifaceted education, research and service programs.

More Than a Taste of the Arts

Although temporarily displaced from their buildings by a summer 2008 flood, Hancher Auditorium and the UI Museum of Art continue to offer performances, exhibits and special events in alternate venues. Premier works of art are displayed in most University buildings and plazas throughout campus. Students may participate in theater, music, and dance groups.

Time and Space to Play

Every year about 90 percent of Iowa's students make use of the University's recreational facilities. Each season offers a full schedule of intramural and club sports, ranging from rugby, tennis, and golf to volleyball, soccer, and swimming. Individual workouts are a part of many students' daily routines. Students also make use of campus walking and running trails, bikeways, ski trails, golf courses, and canoe and sailboat rentals to relax and enjoy leisure time.

What Distinguishes an Iowa Education?

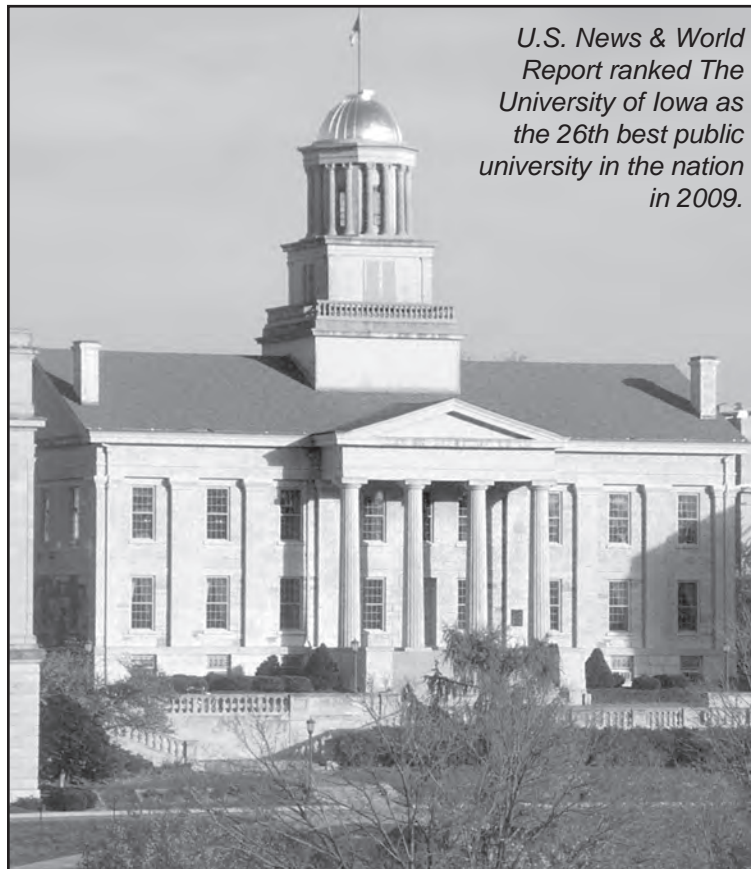
Success. Iowa's philosophy is that if students meet the entrance requirements, the University is going to do everything it can to help students to graduate. An Iowa degree spells success in the job market, giving students the skills to continue learning and growing throughout their careers.

Excellence. The faculty is stellar. Students are amazed not only at how much they know but at how enthused they are about sharing that knowledge and getting students excited about their subject.

Comfortable class sizes

Attending a large university does not necessarily mean having large class sizes. More than 30,000 students are enrolled at Iowa, but the UI has a student-to-faculty ratio of 15:1. Large lecture halls host a few of the most popular undergraduate courses, with several hundred students in attendance. However, most lectures are complemented by classroom discussions among smaller groups. Altogether, 92 percent of undergraduate classes have fewer than 50 students in them; 80 percent have fewer than 30 students. Less than 4 percent of undergraduate classes have more than 100 students in them.

50



U.S. News & World Report ranked The University of Iowa as the 26th best public university in the nation in 2009.

Consider Iowa's Advantages

- According to the Fiske Guide to Colleges, the University of Iowa is a "Best Buy" for an outstanding, affordable education.
- Iowa celebrates diversity—the University attracts students from 100 countries and all 50 U.S. states.
- Iowa's students and faculty have an enthusiasm for learning and for having fun.
- Iowa is part of the Big Ten Conference, sharing academic and athletic traditions among a group of America's leading universities.
- Iowa's faculty members not only offer a full range of academic offerings for students, they actively engage in innovative research projects within their specialty areas.
- Students can easily travel a half day by car to a number of large American cities, including Chicago, Minneapolis/St. Paul, Kansas City, St. Louis, and Omaha.
- Iowa City holds a cosmopolitan charm all its own as a gathering place for the world's writers, for world-renowned artists, and for noted visiting lecturers.
- The University's 400+ student organizations include fraternities, sororities, and many professional and cultural societies.
- The University's career and placement services match students with companies for internships and other professional experiences throughout their education.
- The University's graduates excel in their careers, often holding leadership positions within their professions and communities.



IOWA WOMEN'S SOCCER

The Colleges

Most freshmen who enroll at The University of Iowa are admitted to either the College of Liberal Arts and Sciences or the College of Engineering. The General Education Program allows students to sample courses in more than 100 areas of study. At Iowa, students are required to take electives, major courses, and general education course work.

Liberal Arts & Sciences

Undergraduate Degrees Offered - Bachelor of Arts (BA) and Science (BS) in 58 major fields; Bachelor of Fine Arts (BFA) in Music (BM) and of Liberal Studies (BLS). Admission - Freshmen and transfer students are to meet the college's admissions requirements.

Engineering

Undergraduate Degrees Offered - Bachelor of Science in Engineering (BSE) in six majors- biomedical, chemical, civil, electrical, industrial, and mechanical engineering. Admission - Students must meet the college's high admissions requirements.

Business

Undergraduate Degrees Offered - Bachelor of Business Administration (BBA) in six majors: accounting, economics, finance, management, management information systems, and marketing. Admission - Usually requires two years of pre-business study in the College of Liberal Arts and Sciences. Details at www.biz.uiowa.edu/upo/admissions/.

Education

Teacher Education Programs - Elementary Education, Art Education, English Education, Foreign Language Education, Mathematics Education, Music Education, Science Education, and Social Studies Education. Additional teaching minors in Coaching, ESL (English as a Second Language), Hearing Impaired, Journalism, and Talented and Gifted. Admission - Review all admission requirements and program guides at www.education.uiowa.edu/tess/

Nursing

Undergraduate Degrees Offered: Bachelor of Science in Nursing (BSN).

Admission: Students typically complete one year of pre-requisite courses in the College of Liberal Arts and Sciences and apply for admission during the second semester of the first year. The College of Nursing has competitive admission. The BSN requires three years of study once the student earns admission.

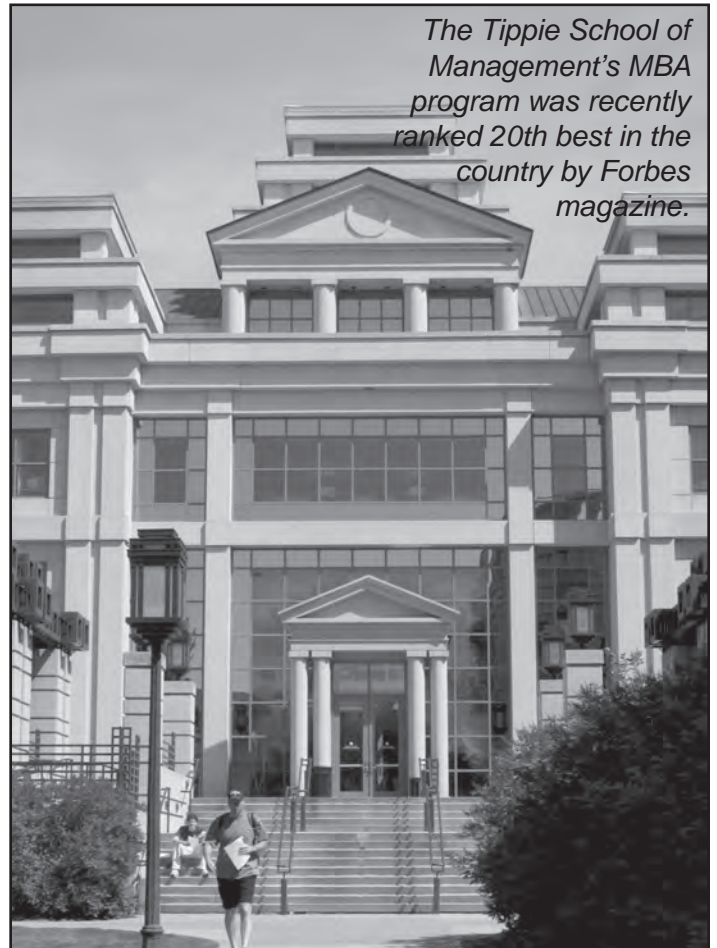
Pharmacy

Professional Degree Offered - Doctor of Pharmacy (PharmD).

Admission - Students must successfully complete required pre-pharmacy course work in the College of Liberal Arts and Sciences. These requirements may be met in two years but do not guarantee admission. Students must also complete the Pharmacy College Admission Test (PCAT).

Graduate and Professional Degrees

Many student-athletes who have attended The University of Iowa and completed their undergraduate degrees continue their education at the University. Student-athletes who attend graduate or professional school must first complete course work toward a bachelor's degree in their field of study. The University also offers undergraduates the opportunity to participate in research and overseas study programs, as well as internships that will help prepare them for graduate school.



The Tippie School of Management's MBA program was recently ranked 20th best in the country by Forbes magazine.



IOWA WOMEN'S SOCCER

Housing

Each athletics team has its own rules regarding residence of incoming freshmen. Across the University, about 90 percent of freshmen choose to live on campus in one of the 10 residence halls. Most student-athletes live at least two years on campus.

The residence halls have full-service dining rooms, study lounges, laundry facilities, recreational facilities, vending, and bank machines. Each room has high-speed computer connections for e-mail and Internet access, plus there are wireless networking hot spots in a variety of locations across campus. Iowa also offers wireless networking in 110 buildings and several outdoor areas, providing more than 2,000 access points across campus.

Safety

- 11:55 p.m. - 2:10 a.m.: Free SafeRide buses take students home Fridays and Saturdays during the fall and spring semesters.
- Public Safety offers Nite Ride, a safe means of late night transportation for women only. Nite Ride operates 10 p.m.-3 p.m. Thursday, Friday and Saturday.
- Special telephones with blue lights are stationed across campus with a direct link to the UI Department of Public Safety.
- University of Iowa Police personnel educate students on safety during summer orientation.
- The Rape Victim Advocacy Program cooperates with the UI Department of Public Safety and participates in Sexual Crime Awareness Week.

Cambus

There are six primary bus routes throughout the Iowa campus. The University Cambus provides over three million free rides to class and to the dorms for students each year. Some routes run seven days a week, and some run until 2:30 a.m. Cambus also operates a specialized transportation service for persons with disabilities.

Health Services

The University of Iowa provides the student-athlete with the most up-to-date and highest-quality medical care available. Students at Iowa can go to Student Health Service, which is open Monday through Friday. The service is supported by a fee paid by all full-time students. It offers students unlimited free office visits (there is a charge for other procedures done in the office, such as blood tests).

Libraries

The University of Iowa Libraries supports the academic achievement of all student-athletes with specialized courses, one-on-one consultations with librarians, 24/7 access to electronic resources through the web site (www.lib.uiowa.edu), and extended hours, which can accommodate complicated practice and travel schedules. UI Librarians help students find answers, whether they're on a web site, in a book, journal, government document, or database. Librarians also plan and teach students how to find, evaluate, and use information from a variety of sources--skills they will use throughout their lives.

**Career Planning**

Finding and pursuing a career takes careful planning. The Pomerantz Career Center is extremely valuable for student-athletes and can help identify skills that transfer from athletics to the workplace. The program suggests a timeline each student-athlete may follow throughout his or her stay at Iowa. The components of the program include:

- Individualized career advising
- Career education programs
- Summer job/internship opportunities
- Resume and cover letter development
- Preparing for life after college athletics

Computers

There are 26 Instructional Technology Centers all over the campus which are filled over 1,000 computers. These facilities are open at least 50 hours a week. Some are open 24 hours. Also, the Information Arcade in the Main Library provides a variety of specialized computing tools. The Computer Demo Center provides information for students who want to purchase computers and software.

Skills Labs & Support

Many academic departments offer skills labs to help students improve skills necessary to succeed at Iowa, such as writing, speaking, math, science, and foreign language. Assistance with skills such as note-taking, time-management, and test-taking are available through resources such as the College Transition Seminar (a credit-bearing course offered through University College), University Counseling Services, and Athletic Student Services staff.

Cultural Centers

Four cultural centers on campus provide a welcoming setting where students from various cultures can find cultural, academic, and personal support services: the Latino and Native American Cultural Center, the Afro American Cultural Center, the Asian Pacific American Cultural Center, and the Lesbian, Gay, Bisexual, and Transgender Resource and Education Center.



IOWA WOMEN'S SOCCER

Iowa City is a diverse, highly cosmopolitan community of 60,000 set in the natural scenic beauty of Iowa's rolling hills and woods along the tree-lined banks of the Iowa River. Iowa City has all the art galleries, ethnic foods, historic architecture and vibrant atmosphere of a much larger city, but with the compactness and friendly feeling of a small town.

As a place to live, Iowa City keeps winning awards and accolades - Named one of the 10 most enlightened towns in the country by Utne Reader, listed in the book *The 100 Best Small Art Towns in America* and selected the number-one place to live in the nation by Editor & Publisher magazine.

Economically, businesses such as Rockwell Collins, American College Testing and Procter & Gamble help keep the city booming. In Coralville, a branch office of Geico Auto Insurance has provided many residents with employment opportunities.

Culturally, Iowa City is alive with concerts, art exhibits, readings, plays and art events of all kinds. Located on the University of Iowa campus, Hancher Auditorium is a nationally-known performance center that brings in the best of Broadway, classical and jazz music, dance and other performances. The University of Iowa Theatre Arts department also produces a full schedule of plays each year, featuring the work of student performers and directors. So whether you enjoy the arts as a spectator or as an outlet for your own creativity, Iowa City has the opportunities.

Residents of Iowa City are not only economically and culturally enriched, they also take advantage of the numerous recreational facilities offered around town. The area's more than 30 parks provide opportunities for year-round activities including boating, hiking, swimming, fishing and skiing.

The city's greatest charm, however, remains the sincere friendliness of its citizens, the cosmopolitan atmosphere and the successful partnership built between the community and the University.

Old Capitol

One of the most recognizable sites in Iowa City is the gold dome of the Old Capitol which is situated in the heart of downtown. Built in 1840, it is Iowa City's most historic building. The Old Capitol was the site of the first governor inauguration as well as the first six Iowa General Assemblies. It is also where the state's Constitution was drafted. When the capital was moved to Des Moines in 1857, the Old Capitol was dedicated to The University of Iowa, becoming the first building owned by the University.

Coralville Lake

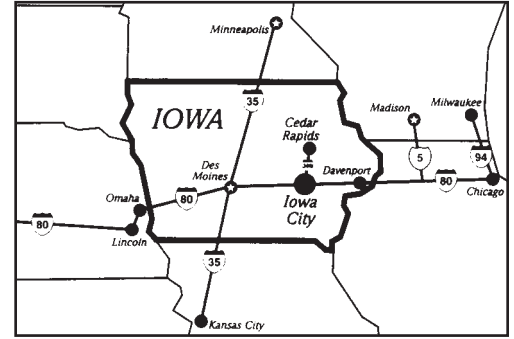
Just north of Iowa City is Coralville Lake, an outdoor recreational area that offers a variety of opportunities for the public. Coralville Lake offers picnic shelters, biking, hiking, fishing, boating, swimming, hunting, camping, snowmobiling, cross country skiing, golf and disc golf.

City Plaza

Located downtown and in walking distance of many of the University's dormitories is the City Plaza. It is a perfect place to sit outside and study or hang out with friends. During the fall, spring and summer months there are concerts and art festivals in the "Ped" Mall.

Coral Ridge Mall

The Coral Ridge Mall is a 1.2-million-square-foot shopping center located just minutes from campus. The center combines a mix of over 120 specialty shops and strong department stores including Dillards, JC Penney, Sears, Target and Younkers. Coral Ridge also offers entertainment features such as an NHL-regulation-sized indoor ice arena, state-of-the-art 10-screen movie theatre and a large carousel along with a 1,000-seat food court with sit-down restaurants. Specialty stores include Abercrombie & Fitch, Barnes & Noble, Gap, Old Navy, Scheels All Sports and Pier 1 Imports.



Iowa City is located in eastern Iowa and is an easy trip to such cities as Des Moines (the capital of Iowa), Chicago, St. Louis, Kansas City, and Minneapolis. Also, Cedar Rapids, a city of more than 150,000, is just a short drive north of Iowa City. The Eastern Iowa Airport, which links residents to every major airport in the Midwest, nation and world, is only 20 minutes away.

***For More Information Contact:
Iowa City/Coralville
Convention & Visitors Bureau
900 First Avenue, Coralville 52241;
319/337-6592 or 800/283-6592
www.iowacitycoralville.org***





IOWA WOMEN'S SOCCER

The Hawkeye Nickname

The University of Iowa borrowed its athletic nickname from the state of Iowa many years ago. The name Hawkeye was originally the name of the hero in the fictional novel, *The Last of the Mohicans*, written by James Fenimore Cooper. Cooper had the Delaware Indians bestow the name on a white scout who lived with them.

In 1838, 12 years after the book was published, people in the territory of Iowa acquired the nickname, chiefly through the efforts of Judge David Rorer of Burlington and James Edwards of Fort Madison.

Edwards, editor of the Fort Madison Patriot, moved his paper to Burlington in 1843 and renamed it the Burlington Hawkeye. The two men continued their campaign to popularize the name, and territorial officials eventually gave it their formal approval.

Herky The Hawkeye

The Hawkeye nickname gained a tangible symbol in 1948 when a cartoon character, later to be named Herky the Hawkeye was hatched. The creator was Richard Spencer III, instructor of journalism at Iowa.

The impish Hawk was an immediate hit and acquired a name through a statewide contest staged by the athletic department. John Franklin, a Belle Plaine alumnus, was the man who suggested Herky.

Since his birth more than 45 years ago, Herky has symbolized Iowa athletics and epitomized University life. He even donned a military uniform during the Korean War and became the insignia of the 124th Fighter Squadron.

During the mid-1950s, Herky came to life at a football game as the Iowa mascot. Since that time, Herky has been a familiar figure at Iowa athletics events.

School Colors

For 40 years Iowa was without school colors, but in 1887 a group of 50 seniors met on the steps of the Old Capitol to decide what are now the school official colors. They chose Old Gold, the color of Iowa's vast corn fields and Black, the color of the rich soil.



School Fight Song

The Iowa Fight Song was written in 1950 by Mason City, Iowa, native Meredith Willson. Best known as the creator of Broadway's *"The Music Man,"* Willson was awarded a 1963 University of Iowa Alumni Association Distinguished Service Award for "setting the spirit of Iowa to music." The lively cheer is sung hundreds of times during Iowa athletics events the year around.

*The word is Fight, Fight, Fight for IOWA
Let every loyal Iowan sing;*

*The word is Fight, Fight, Fight for IOWA
Until the walls and rafters ring (Go Hawks!)
Come on and cheer, cheer, cheer for IOWA
Come on and cheer until you hear the final gun.
The word is Fight, Fight, Fight for IOWA
Until the game is won.*



UNIVERSITY OF IOWA UNIVERSITY OF IOWA UNIVERSITY OF IOWA UNIVERSITY OF IOWA





STEPHAINE SWANSON

KALI FEIERLIZDEL

HOME SCHEDULE

August 20	Depaul	7:00 pm
August 27, 29	IOWA TOURNAMENT	
August 27	CMU vs. UNI	4:30 pm
August 27	Iowa vs. NIU	7:00 pm
August 29	NIU vs. UNI	11:00 am
August 29	Iowa vs. CMU	1:30 pm
September 23	Minnesota	7:00 pm
September 26	SLU	1:00 pm
October 8	Ohio State	7:00 pm
October 10	Penn State	1:00 pm
October 24	Indiana* (BTN)	2:00 pm
November 6	Purdue	7:00 pm

BTN- Big Ten Network Game *Attacking Breast Cancer Night

All events listed are Home Events played at UI Soccer Field on the UI Campus. All times listed are Central Standard Time (CST). Please confirm start times before departing. Information is available at hawkeyesports.com. For tickets call 1.800.IA.HAWKS.